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Quarterly Newsletter of LNJ Bhilwara Group



PRIVILEGED TO BE GLOBAL

Volume XXVIII | Issue 3 | October-December 2023

MESSAGE FROM GROUP'S CHAIRMAN

Our group chairman's message to all employees & members highlighting the group's achievements, goals, and future course of action.

GROUP HAPPENINGS

Important gatherings, shared experiences, & community thrive across the group companies.





CORPORATE SOCIAL RESPONSIBILITY

The group's contribution to the well-being of communities and society.



LEARNING AND DEVELOPMENT

Employees across offices and plants receive upskilling through a variety of industry-relevant learning workshops.



ACHIEVEMENTS

Recognition of employee/worker achievements to foster engagement and increase productivity.



CELEBRATIONS AND FESTIVALS

Vibrant coverage of festivities celebrated by the group companies across various plants & offices.

WELCOME AND ADIEU

Onboarding and superannuation of significant members of the workforce.







Diwali Celebration HO, Noida



Blood Donation Camp in HO, Noida



Bhilwara Kings in Legends league Cricket 2023



Blood Donation Camp, Noida



Yarnex Exhibition, Ludhiana

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CHAIRMAN'S NOTE



As we navigate through the currents of change, I am reminded of a timeless adage: "Success is the culmination of little actions taken consistently over time."

This notion is also expressed in the Sanskrit shloka दुर्लभान्यपि कार्याणि सिद्यन्ति प्रोहम्ति प्रोहम् प्रोहम

Today, I am filled with pride as I reflect on the remarkable journey of the Bhilwara Group. Our journey from a rich heritage to a dynamic present is fueled by hard work and consistency, propelling us toward a future brimming with promise and greatness. Our success story is a testament to the relentless commitment of our passionate team members, who have established an enduring standard of excellence, serving as an inspiration for generations to come.

Recognizing that our people are our greatest asset, we invest wholeheartedly in nurturing individual talents and fostering a culture of corporate values through comprehensive training and development initiatives. Our goal is to empower our team members by aligning their aspirations with our organizational objectives through a robust learning management system.

In our graphite electrode business, I am delighted to announce the successful completion of HEG Ltd.'s expansion project taking our capacity from 80,000 tons to 100,000 tons and start of commercial production with effect from November 1, 2023.

This milestone solidifies our position as a global leader making HEG the third largest Graphite company in the Western World with 75% of the production getting exported to more than 35 countries globally.

We are working vigorously to reduce our carbon footprint by 45% by 2030 and to become carbon neutral by 2050. We have achieved some milestones with ESG initiatives and also received Bronze certificate from Ecovadis and our score is 58, which is considered to be in the top 35% of companies globally.

At our Mandideep plant where we already have a 3 MW captive solar plant, we are building another 3 MW capacity solar plant. This is in addition to our Tawa plant where we operate an 18 MW Hydro plant with power sold to the energy exchange. Together we would generate about 20% of our requirement through renewable sources.

HEG continues to invest in our CSR initiatives like Akshaya Patra, Global Parli etc and is very well appreciated by the communities and Govt of Madhya Pradesh.

Furthermore, the planned 20,000 MT PA production of TACC Limited's graphite anode powder underscores our dedication to meeting the rising domestic and global demands of the lithium-ion battery market. With strong research and development, we are also proving our capabilities in advanced carbon technologies including graphene and hard carbon for various industrial applications.

India's potential to lead the world in renewable energy production is undeniable. With initiatives like "Make in India" and a focus on sustainable development, we are poised to create a greener, more prosperous future. Let us embark on this journey with unwavering positivity, shaping a world where sustainability and prosperity go hand in hand.

Together, let us pave the way for a brighter tomorrow.

With Best Wishes

Ravi Jhunjhunwala

RSWM-KANYAKHERI

Visit of CMD, RSWM Ltd.



Chairman and Managing Director, Shri Riju Jhunjhunwala visited the RSWM-Kanyakheri plant on November 25, 2023. CMD has taken rounds of the plant and met the HODs and interacted with the team members to check overall progress developments. Shri Agrawal, COO, welcomed the CMD. Shri Riju Jhunjhunwala motivated all team members to put in combined efforts, determination, passion, and sincerity in their work so that RSWM Ltd becomes an industry leader in the market concerning the future scenario.

Nidhi Aapke Nikat Camp

On November 29, 2023 under Nidhi Aapke Nikat program, EPFO officers visited the LNJ Denim plant. Shri Arbind Mishra – Head HR & IR with team welcomed the EPFO Team. This a good initiative



taken by the EPFO office where employees get benefits & get their grievances resolved & members will get online services like filing online claims etc. Grievance redressal of the members will be done on the spot and in case any grievance cannot be redressed on the spot, it will be registered on the grievance portal of EPFO and will be resolved on priority.

EXHIBITIONS

YARNEX Ludhiana 2023



YARNEX Ludhiana 2023, held on December 15-17, 2023 at Dana Mandi Exhibition Centre, witnessed participation from Greige, Dyed, LNJ Knits, Kapaas, Melange, and R-value units. It showcased the diversity and innovation within the textile industry, fostering collaboration and advancement.

Participation in LNJ Denim Première Vision Milan, Italy



Denim Première Vision – The art & heart of the Denim Fashion Industry! It offers a window to the world of denim, its trends, its market,

its culture, and, of course, its

community. LNJ Denim participated in the Denim Première Vision exhibition held in Milan, Italy on November 22 & 23, 2023.

We presented our latest collection in the show, with a focus on denim versatility, sustainability, and clean manufacturing. The overall response was positive and encouraging.

Participation in Bangladesh Denim Expo



LNJ Denim participated in the 15th Bangladesh Denim Expo on the November 8 & 9, 2023. Bangladesh Denim Expo attracts a lot of international fashion buyers from Europe and the USA. Exclusive to authorized trade visitors, the Expo acts as a platform for international mills from India, Pakistan, Turkey, and China as well as Bangladesh RMG manufacturers who cater to the global denim players.

We presented our latest collection in the show and received an excellent response on the showcased innovations.

Shri Ashish Bhatnagar – Marketing Head along with the team, had multiple meetings with key customers concerning business growth opportunities and future strategy.

GROUP HAPPENINGS

RSWM-LODHA

TUV Team Visit



The team of TUV Mr. Andreas Luff, Ms. Tasmin Betz, and Mr. Markus Spiecker visited the RSWM-Lodha unit on October 18, 2023. They were welcomed by Shri Yogesh Dutt Tiwari (COO) and core team members. They took a round of Kapaas Unit, NPD section, and the team was impressed with the unit, and appreciated the new product development section and efforts of the technical team.

RSWM-KHARIGRAM

Customer Visit

M/s Sinha Textile CEO, Mr. Md. Atiqur Rahman visited the RSWM-Kharigram Unit on November 17, 2023. Mr N K Bahedia, COO welcomed him. They visited our NPD setup dyed and greige units, which was concluded, with his visit to the SJ-11 unit. He felt very happy with our warm welcome and to see the latest technology.



Students' Plant Visit from Shree Pragya College, Bijainagar



A group of 32 students of Pragya College visited the RSWM-Kharigram Unit. HR team welcomed them and Training Incharge Mr Ratibhan Patil explained to them about the processes of the plant. The students learned about various processes of Yarn Manufacturing in our Si-11 unit and felt extremely delighted. Their principal gave the vote of thanks to our Management that this visit will help them in the enhancement of their knowledge. This tour concluded with light refreshments.

RSWM-MANDAPAM

Customer Visit



Mr. Shinsule Yamane & Pawan Nego from M/S Uniqlo, Mr. Mahesh Urade, and Mr. Kishan Lal Harjai from M/s Infiiloom visited the Mandpam unit on October 13, 2023 They were welcomed by Shri Satish Kumar Mittal (COO) Shri Ashok Kumar Srivastava (A.V.P. – Marketing) O.P. Samdani (D.G.M.) and other staff members.

The visitors took a round of the Mandpam unit and were very impressed and showed keen interest in our product range.

RSWM-RINGAS

Industrial Visit by Students



A delegation of students with teachers of Government Senior Secondary School, Ringas visited our Plant on December 20, 2023. The HR team facilitated them and arranged a detailed visit inside the mills, where technical members explained the technology and process. The students learned about various processes of yarn manufacturing and felt extremely delighted to see the technology and setup of various processes of Yarn Manufacturing.

Plant Visit by Business Head



Shri Anurag Mathur, COO, and Shri Rajeev Kumar Dixit GM (HR&IR) welcomed Shri Bal Krishan Sharma, BH, RSWM Ltd on 27th October 2023. He visited the spinning units to check the overall progress & developments and met with local Union Office bearers. An interaction meeting was also organized with senior team members of the Ringas unit and discussed in detail about the working and process.

LEARNING AND DEVELOPMENT

HEG

HIV/AIDS Awareness Building Program



On December 5, 2023, an HIV/AIDS awareness program was held at HEG Ltd, Mandideep. Employees across the shops had attended the program.

To ensure widespread visibility, informative posters were strategically positioned throughout the entire plant. Additionally, a comprehensive awareness session was held in the company's auditorium, aiming to educate and engage all employees in understanding the importance of HIV/AIDS prevention and support.

Industrial Visit by SHIM Students



To give industrial exposure to the Sant Hirdaram Institute of Management students, HEG gave a chance to the students to visit the campus and gain the learning's regarding the overall general process of the Electrode Manufacturing.

This gives a platform for the students to groom themselves and can fill

them with the core knowledge about the manufacturing process.

HEG always encourages the learning and development for the students as well, so that in future the talent could find its way to meet a desired destination.

RSWM HR

Empowered Leadership: Transformative Conclusion of the ALP at IIM Indore



As our eight Sr. Executives wrap up the Accelerated Leadership Programme (ALP) at IIM Indore, it's clear they've undergone a gamechanging experience. Over the past 8 months (Course duration), the program has enhanced their leadership skills, preparing them to tackle the challenges of the business world with confidence.

The ALP's mix of personal coaching sessions by an expert, online classes and on-campus classroom studies learned from real-world case studies, and gained insights from industry leaders. After completion of the course, a significant change observed by the participants and enthusiasm to implement in their day to day work.

They now have a certification and a professional network from IIM Indore. This network offers ongoing opportunities for learning and growth throughout their careers.

In a nutshell, the ALP at IIM Indore has been a transformative journey, preparing our employees to excel in the fast-paced business world. As they move forward, we expect their enhanced leadership capabilities to make a positive impact on our organization's success and growth.

RSWM-LODHA

Workshop for Truetzschler Blow Room and Cards



On October 28, 2023, Mr. Mahesh Panchal (Head of Service) Truetzschler India (P) Ltd., conducted a workshop at RSWM-Lodha. The workshop focused on the Truetzschler blow room and cards, with Mr. Panchal providing detailed explanations of various tools and techniques associated with the machines.

LNJ KNITS

Firefighting at Banswara



In KNITS Division, we conducted a fire fight training for all employees or workers, where we had the real fact of fire and then we conducted

LEARNING AND DEVELOPMENT

control training following all safety norms, during this session the company allowed us clearance and provided all necessary facilities to our participants, not only this after successful completion, management conducted small get together session where participants were awarded with surprising gifts.

LNJ DENIM & KNITS

Training - ISO - 45001:2018



A training session on ISO 45001:2018 was conducted on October 13 & 14, 2023. The program was inaugurated by lighting the lamp & prayer by Shri Suketu Shah -Business Head. The two-day training program was provided to our LNJ Denim & Knits employees. A total of 25 employees participated in the program. It was imparted by Shri Sushil Sharma from BSI. The main objective of the training was to create awareness about the new ISO 45001:2018's requirement in the plant & how it is working in the plant after implementation. ISO 45001:2018 specifies requirements for occupational health and safety (OH&S) management system, and gives guidance for its use, to enable organizations to provide safe and healthy workplaces by preventing work-related injury and ill health, as well as by proactively improving its OH&S performance. It was concluded with a written examination & feedback from all the participants. It was a great learning experience for the employees. All the participants were highly appreciative of the program.

MOL NOIDA

Training on POSH



To create & provide a safe and healthy workplace for female employees at our factory premises, our welfare staff participated in an awareness training program on POSH, which was organized by a third-party agency regarding POSH Workshop on November 7, 2023 at NCW Auditorium, Jasola Vihar, New Delhi.

Awareness about Floor
Discipline & Team Alignment
Session



For creating & providing a safe, healthy work environment & maintaining floor discipline at the workplace for our employees in the factory premises, an awareness training session has been imparted by Mr. Mrityunjay Choudhary (HR & Compliance) on "Awareness about floor discipline & Team alignment session" on November 4, 2023.

Grievance Redressal Committee

To fulfil the legal & customer audit



requiring parameters/standards at our unit and provide an open platform to employees to raise their daily grievances for resolutions, a committee meeting has been conducted on "Grievance Committee" on November 18, 2023 at D-347.

ADHPL

Tier-2 Emergency Preparedness Drill on Earthquake



A tier-2 mock drill on earthquake was conducted on October 10, 2023 by ADHPL involving all departments, colony residents and Civil Fire-fighting department, Manali to test emergency preparedness & response planning, the effectiveness of existing communication system and skills of fire-fighting & rescue team. The Pradhan, Gram Panchayat Prini, people in the vicinity, staff of the cascading hydro-power plants located in the downstream of TRT and local administration were also informed about the mock drill.

The scenario was that an earthquake struck Manali, damages have occurred in Power House (PH), there is rock fall at many places inside PH, Main Access Tunnel (MAT) has collapsed at RD200 due to earthquake. The personnel on duty inside the PH were evacuated through cable cum ventilation shaft. The mock drill went as planned and all the parties including Civil Fire fighting team, Manali took part actively in the drill.

LEARNING AND DEVELOPMENT

Risk Assessment of Public Safety around Dams, Reservoirs, and Watercourse Systems



A comprehensive review of the Risk Assessment for Public Safety around Dams, Reservoirs, and Watercourse Systems was recently undertaken by a team comprising members from the Site Health, Safety, and Environment (HSE) as well as the Operations and Maintenance (O&M) team. The team also included the HSE manager from ADHPL Corporate and Mr. Sudhir Naithani from StatKraft. The review involved site visits to all pertinent assets and areas, and based on the observations made during this activity, specific remedial measures have been recommended for implementation.

MPCL

Organized a Firefighting Training at La Montessori School

MPCL organized training on firefighting basic techniques at La

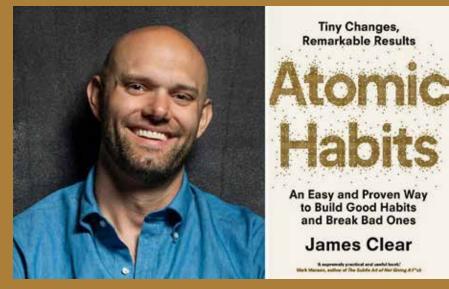


Montessori School, Doonkhara within MPCL premises on 13th December, 2023 for school staff and students.

The objective of this training is to educate them with fire fighting basic

skills for Emergency Preparedness & Response. Training conducted by the Fire Officer of Himachal Fire Department Jari, Kullu.

GOOD READ



Atomic Habits: An Easy & Proven Way to Build Good Habits & Break Bad Ones

Whether striving for professional excellence this personal growth, book offers invaluable insights and tools to reshape your habits and redefine success. With Clear's guidance, readers will discover the transformative potential of small actions, empowering them to achieve their goals and lead fulfilling lives. "Atomic Habits" is a must-read for anyone committed to self-improvement and lasting change.

In "Atomic Habits," James Clear presents a compelling framework for achieving personal transformation through the power of small habits. With practical strategies rooted in biology, psychology, and neuroscience, Clear guides readers on how to cultivate good habits and break free from destructive ones. He emphasizes the importance of systems over goals, providing readers with actionable steps to create lasting change.

Clear's talent for simplifying complex concepts shines through as he shares real-life stories of success from Olympic athletes to business leaders, illustrating how tiny habits can lead to extraordinary outcomes. From making time for new habits to designing environments for success, "Atomic Habits" offers a comprehensive roadmap for anyone seeking improvement.

CORPORATE SOCIAL RESPOSIBILITY

ADHPL

Solar Lights Donated



30 solar street lights were installed and commissioned in different villages of Naggar block between October 19-27, 2023. A request was received from the local villagers for illumination of the dark areas in the different villages. The ADHPL donated solar street lights to these villages under the ADHPL CSR initiatives.

Community Kitchen Material Donated



The ADHPL donated utensils & gas stove for running a community kitchen at Village Gadherni. These will be used for the preparation of meals for public gatherings. The villagers and village development committee members thanked ADHPL for the CSR initiative.

Medical Equipment Donated

Under the banner of CSR initiatives,



the company donated an Anaesthesia Work station-EFLO 6 with 02 Gases and a Penlon Vaporizer to Civil Hospital Manali. The equipment will help tackle emergency and routine surgical procedures in a better way. The equipment was donated on October 6, 2023. The Senior Medical Officer I/C, Anaesthesiologist, and other staff of Civil Hospital Manali thanked ADHPL for the noble initiative.

Material Donated Sewing Centre



ADHPL donated 2 sewing machines (straight stitch with stand & motors) to Lakshya Self Help Group of Jola, Gram Panchayat-Village Bandrol, Kullu (HP) on 4th October 2023. The sewing centre being run under ADHPL CSR activities is already in operation. The centre provides training to women free of cost. Approximately 26 women are being trained from the village at the training centre. The women of the self-help group thanked ADHPL for their selfless efforts in empowering women in the area.

High Mast Tower Lights Installed

The cricket ground at the district headquarters in Dhalpur Kullu is an attraction for local sports persons,



students, and sports enthusiasts. The cricket ground lacked the basic facility of high mast lights important for day/ night sporting events, particularly during winters when the days are very short. ADHPL installed four high mast tower lights at the ground on October 20, 2023. on the request of Mr. Sunder Singh Thakur (CPS Govt. of HP). He admired the ADHPL for the CSR initiative and thanked Mr. Ravi Jhunjhunwala (CMD) and Mr. O.P. Ajmera (Director & CEO).

Smart Interactive Panel (Smart Board) Donated



The Govt. schools lack the basic including the amenities digital innovative technologies. The ADHPL has been involved in developing the infrastructure of the Govt. Schools of the area 360 degrees to improve the education sector. The Company donated 6 smart interactive panels (Smart Board) to the Govt. schools of the area on 12-13 October 2023 under the "digitalization of schools program". The children were elated to work on new digital technology. All the school staff and children thanked ADHPL.

Transfer of School Building and Land to Education Department

ADHPL transferred the newly



constructed school building and land to the Education Department through a Gift Deed on December

CORPORATE SOCIAL RESPOSIBILITY

18, 2023. Shri Pankaj Kapoor, VP O&M, ADHPL signed the gift deed on behalf of the company and the Headmaster, Atal Bihari Vajpayee Govt. High School, Prini signed on behalf of the Education department.

Pradhan, Gram Panchayat Prini was also present during the execution of the gift deed. The school building along with the playground and other facilities have been constructed on an area measuring 0-27-87 hectares.

With the construction of the school building, the company has fulfilled its commitment made to the villagers during the implementation stage of the project and this will boost the educational facilities in the area.

MPCL

Free Medical Health Check-up Camp

Free Medical General Health Checkup Camp was conducted by MPCL on December 17, 2023 at Malana Village, Kullu. Doctors of Medicine Specialist & Pediatrics were invited from Sri Harihar Hospital Dhalpur, Kullu for this camp.

We recorded 150 registrations including children during this camp and the public appreciated this initiative. During camp, all the expenses of medicines and medical tests were borne by the Company.



Health Awareness Programs Sponsored

MPCL has provided financial assistance to the Human Welfare Society to conduct health awareness programs in villages, slum areas, and Govt. Schools in Kullu.

- General Health Awareness Programs conducted by Human Welfare Society on December 5, 2023 at Nashala village, Naggar, district Kullu.
- Awareness of Tuberculosis and its preventive measures were also addressed by the health officer, Naggar with the villagers during the program.

नशाला में ७३ लोगों का स्वास्थ्य जांचा



कुरन्। जिल कुरन् की उड़ी वाटी के नवाल जोव में ब्रह्मन वेलकेयर खेखादी की और से स्वस्थ्य जागरूकात कार्यक्रम का अर्थजन किया गया। इस कार्यक्रम में स्थाना पावर कंपनी के प्रदार में अपना सक्योग दिया गया। इस कार्यक्रम में अदुब

BLOOD DONATION CAMP

On the birthday of Syt LNJ Babu, a blood donation camp was organized at RSWM-Kharigram in the Staff Club. RSWM RPSF, Rishabhdev, RSWM-Lodha, RSWM-Mandapam and RSWM-Kanyakheri. All workers and staff members participated in this camp. Blood donation certificates were also given to the donors.

RSWM-Kharigram



RSWM-KANYAKHERI



RSWM RPSF



RSWM-LODHA



RISHABHDEV



RSWM-MANDAPAM



Practicing Digital Detoxification in Modern Life

'In today's fast-paced world, where screens dominate our daily routines, the necessity of digital detoxification has become paramount. The constant exposure to screens not only affects our physical health but also takes a toll on our mental well-being. Digital detox activities encompass a wide range of experiences, from spending time outdoors to engaging in meditation practices or simply disconnecting from screens. These activities serve to restore balance and productivity in our lives, offering a break from the incessant barrage of digital stimuli. The benefits of a digital detox are manifold. Not only does it reduce stress and improve focus, but it also enhances sleep quality and fosters better relationships. Disconnecting from the



digital world allows individuals to reconnect with their surroundings and rediscovering the joys of offline experiences.

By embracing activities such as walking in nature, reading a book, or engaging in physical exercise, individuals can find solace away from the hustle and bustle of online life. In a hyper connected world, maintaining balance is essential. While technology undoubtedly offers numerous benefits, excessive reliance on screens can have detrimental effects on our well-being. By striking a harmonious balance between digital engagement and offline activities, individuals can lead healthier, more fulfilling lives.

Shedding Pounds with Power-Packed Pair.

Berries & Nuts

In the quest for weight loss, incorporating a combination of berries and nuts into your diet can be a game-changer. These super foods boast high energy, essential nutrients, and a plethora of health benefits, making them ideal for curbing hunger between meals and promoting overall well-being.

Berries: Nature's Antioxidant-Rich Gems

Berries, whether fresh or dried, are bursting with antioxidants, vitamins, and fiber. These nutritional powerhouses not only aid in weight loss but also contribute to overall health in several ways:

Fiber-Rich Goodness: Berries are packed with fiber, which promotes satiety and aids in digestion. Consuming fiber-rich foods helps you feel fuller for longer periods, reducing the likelihood of overeating.

A HEALTHY YOU



Antioxidant Armor: The high concentration of antioxidants in berries combats oxidative stress and inflammation, lowering the risk of chronic diseases associated with obesity, such as type 2 diabetes and heart disease.

Nuts: Crunchy, Nutrient-Dense Delights

Nuts, are nutritional powerhouses, often categorized as dry fruits due to their concentrated nutritional content.

Satiety Boosters: Rich in healthy fats, protein, and fiber, nuts are exceptionally filling. Snacking on nuts helps stave off hunger pangs between meals, reducing the temptation to indulge in unhealthy snacks.

Metabolism Boost: Studies suggest that nuts may increase calorie expenditure at rest, particularly in individuals who are overweight or obese, making them an excellent addition to a weight loss regimen.

Synergistic Strategy: Pairing Berries and Nuts

Combining berries & nuts creates a dynamic duo for weight loss. Enjoy them together as a nutrient-packed snack.

Cautionary Considerations

It's essential to practice moderation and opt for unsweetened, unsalted varieties to avoid excess calories and sodium. Additionally, individuals with specific medical conditions, such as kidney disease, should consult a healthcare professional before significantly increasing their nut consumption due to their potassium content.

VIVEKANAND VIDYA VIHAR-MARAL SAROVAR

Mission Board Examination Counseling Session

A Counselling session for the parents and students of classes X & XII was presented by guest speaker Mr Gaurav Solanki from The Mentor, Indore. The session focused on eliminating the fear of board exams and providing students with preparation strategies for the upcoming exams.

The parents were also counselled to prioritize their child's education and make changes to their children's diet as 'A healthy mind needs a healthy body.'



Adolescent Education Session



Vivekanand Vidya Vihar-Maral Sarovar organized an Adolescent Education Program. This program was specially designed for girls in classes VI to IX.

The session started by discussing what adolescence is and covered the physical, emotional, and social changes that happen during this period of growing up.

The session delved into the multifaceted changes that manifest during adolescence, encompassing aspects such as nutrition, hormone secretion and more.

Karate Belt Exam and Ju-Jitsu Introduction Camp



Sports Department of Vivekanand Vidya Vihar Conducted a Karate Belt Exam and Ju- Jitsu Introduction Camp in collaboration with Universal Martial Arts Academy and Physical Education and Health Organisation of India. In two hours of strenuous sessions, 25 students achieved their yellow and orange belts. Students were truly inspired by Sensei Vijendra Kharsodiya (NIS Wushu), Sensei Rohini Kalam (Asian Games 2023 athlete, Ju-Jitsu), Sampai Vaidehi Sharma (International Player, Ju -Jitsu).

Visit of the Old-age Home

A Donation Drive was organised with the heart-warming theme of "Madad Wali Diwali". The students of the SDG



Club, including Core Captains and Class Captains, had the of privilege visiting the Khalbujurg old-age home. This precious opportunity to connect with the residents and partake in the festivities of "Madad Wali Diwali," and seeked their blessings.

Awarded with ISO Certificate for Quality Education

Vivekanand Vidya Vihar-Maral Sarovar is proud



share their award to ISO certificate for quality education as per CBSE board standards. This school set up by the welfare society is committed to worldclass education and development holistic opportunities for the students.

VIVEKANANDA KENDRA VIDYALAYA-HURDA

Eduspectrum



All Subject Exhibition at Vivekananda Kendra Vidyalaya-Hurda was a testament to the rich tapestry of talents our students possess. By integrating the themes of SDG, Robotics and Art with subject-specific displays, we celebrated not only academic achievement but also the holistic development of well-rounded individuals ready to contribute meaningfully to society.

The exhibition not only served as a showcase but also as an interactive learning experience. Visitors had the opportunity to engage with students, ask questions, and participate in hands-on activities. This interactive element enhanced the educational impact of the exhibition, fostering a deeper understanding of the subjects presented.

Proud Moment in Chess Competition



Proud moments for our LNJ Group Schools and many congratulations to the players (Aaradhya Upadhyay – Class – IV, Alokik Maheshwari – Class VI, Tejaswini Sharma – Class VI, Nandini Purohit – Class VII, Akshat Kumar Lakhara – Class VIII) from the Vidyalaya who participated in the Trials Selection for Nationals (Under 14) held at Jodhpur from December 17 to 18, 2023.

Alokik Maheshwari got First Position, Akshat Kumar Lakhara got Fourth Position in Open (Under 14 category). Nandini Purohit got First Position and Tejaswini Sharma got Fifth Position in Girls (Under 14) category. Aaradhya Upadhyay won the Rajasthan State U 11 & U 9 Girls Championship (October 8 & 9, 2023).

Proud Moment in National Level Shooting Competition

"Big Shots Are Only Little Shots Who Keep Shooting"

Three students, Dhan Raj Pandey – XII Sc. (U-19), Kuldeep Singh Ranawat – XII Sc. (U-19) and Sanjeet Singh Choudhary – VII (U-14) have been selected to participate in Air Weapon Shooting at National Level Competition Bhopal.



Proud moment in State Level Painting Competition



Many congratulations to three students of VKV Hurda who were selected State the Level Competition (in First Round). VKV HURDA bags a cash prize of Rs.7500/at the State Level Painting Competition organized by Rajasthan Government Power Grid Corporation at Jaipur. Harshprabha Tatiwal a student of Class 8th, a talented young

artist, secured a consolation prize at the State-level Art Competition.

GRAPHITE SCHOOL-MANDIDEEP

Aryabhatta Quiz Competition



Some students took part in the competition and one student Master Prince Asware of class VIII was awarded with State Merit certificate by securing 23rd Rank in the state-level astronomy quiz competition in December 2023 and an invitation to attend a one-week camp for training in practical astronomy. The competition was held for 8323 students from 117 schools across the state of Madhya Pradesh.

Martial arts National level Participation



Miss Sejal Malviya, a 7th standard student, secured the Bronze Medal in -36 kg Under 12 years and Miss Kanishka Lodhi, a 6th standard student, secured Bronze Medal in -32 kg Under 11 years category in the 11th Junior, Sub-Junior, Pre-Teen Pencak Silat National Championship 2023-24 held in Patliputra, Patna (Bihar) on 23rd - 26th of November 2023.

Higher Secondary School: Night Sky Observation





starry night bonanza had everybody in awe, only these were real stars; the celestial bodies views in the night sky. This Scientific event was organized in October 2023 in association with the Aryabhat Foundation to facilitate Night sky Observation on the school ground in Mandideep. This event was open for the students of 4th to

12th grade along with their guardians, both young and old all took part in the workshop enthusiastically to enrich their basic understanding of cosmic objects.

Six Astronomical telescopes of 100 to 250 mm were used to provide an up-close and personal view of planets, stars, and constellations. More than a thousand Students along with their parents had the hands-on opportunity to explore the mysteries and deepen their appreciation for the wonders of the astronomical universe.

Industrial Visits to Dainik Bhaskar Press



Media, in all its hues and forms, is a Sunrise industry and a very important aspect for the entrepreneurs and professionals of tomorrow. Keeping this in mind the students visited the Danik Bhaskar Printing Press for an Industry Visit. They were exposed to the production of India's Prominent News Paper. Thirty students accompanied by one faculty member learned about the various aspect's of daily newspaper printing process, printing aluminium plates, colour balancing & CMYK, the process of creating hard copies from soft copies, and other similar aspects. It was a fruitful visit that gave students good exposure to the industry of printing. This helped them become curious to seek knowledge of the media industry and learn more.

VIVEKANANDA KENDRA VIDYALAYA-RISHABHDEV

Diya Decoration & Rangoli Making Competition



To bring out the creative talents of students and celebrate the Festival of Lights in its true spirit the Diva Decoration Competition Grades 3rdto 8th and Rangoli making competition

grades 6 to 12 were held at Vivekananda Kendra Vidyalaya, Rishabhdev during CCA periods on 1st November 2023.

Christmas Celebration



Christmas celebration was held on 23rd December 2023, in Vivekananda Kendra Vidyalaya Rishabhdev. The school was beautifully decorated, and everybody was dressed in red and white. The celebration commenced with the solemn lighting of the fourth candle of Advent, symbolizing hope, love, joy, and peace. A melodious chorus filled the air as students and participants engaged in heart-warming carol singing sung by class 9th students. A beautiful skit followed depicting the scenes of the nativity of Jesus Christ Right from the conception of Mary to the birth of Jesus a harmonious story was displayed by the students of class 5. The event followed with cheerful Christmas greetings as the students of the primary wing danced to the melodious tunes of 'Jingle Bells' and 'We wish you a merry Christmas.' The dazzling entry of Santa Claus added to the joy and excitement of the students. The event ended with cheerful Christmas greetings by our honourable Principal Ma'am Ms. Vijay Shree Yadav.

Diwali Celebration

Diwali, the festival of lights, is one of the most celebrated festivals in India. It symbolises the victory of light over darkness and good over evil. Vivekananda Kendra Vidyalaya Rishabhdev, celebrated Diwali with great enthusiasm and fervour.



The school was beautifully adorned with colourful and creative decorations. The decorations incorporated traditional elements of Diwali, including Diyas, Rangoli and vibrant flowers by pre-primary teachers. The Assembly area was decorated with Rangoli designs, adding a touch of artistic elegance to the surroundings.

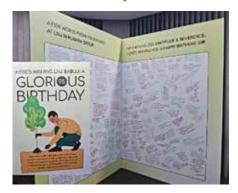
The program commenced with the auspicious lamp lighting ceremony, by the honourable principal Ma'am Mrs. Vijay Shree Yadav.

Class X students showcased their musical talents with a soulful song performance that resonated with the audience. This was followed by an inspiring speech by Ghanshyam Sir, who shared insightful thoughts on the significance of Diwali. Yukti Jain took the stage to recite a beautiful poem, capturing the essence of the festival. The students of Gautam House transported the audience into the Ayodhya Nagari with their captivating scene play. Class VII girls mesmerized the gathering with an energetic dance performance that added a vibrant and lively touch to the celebration. The Principal Ma'am graced the event with her blessings and best wishes, underlining the importance of festivals in bringing the school community together. She focused on eco-friendly Diwali celebrations.

The school organized a special Diwali Aarti of Goddess Lakshmi and Shree Ram and Mata Sita invoke blessings for all its students, teachers, and staff. Everyone participated with devotion and reverence.

HO NOIDA

Founder's Day Celebrated on Shri L.N. Jhunjhunwala's 95th Birth Anniversary



Founder's Day was exuberantly celebrated at our HO in Noida on October 17, 2023, marking its inaugural observance, on Shri L.N. Jhunjhunwala's 95th birth anniversary. Employees united in reverence, signing a life-size greeting card as a tribute to our esteemed founder. This heartfelt gesture epitomized our collective gratitude and admiration for his visionary leadership and enduring legacy.

LNJ DENIM

Founder's Day Celebration



On October 17, 2023, we celebrated the Founder's Day of the LNJ Bhilwara group. It was marked as the birth anniversary of our beloved founder Shri Lakshmi Niwas Jhunjhunwalaji, who is a visionary leader & a pioneer in the Indian Textile Industry. On this occasion, we organized a plantation program on the campus. Varieties of trees were planted on the mill campus. All Staff members took part

in the plantation, which ended with heavy snacks and tea.

RSWM-RISHABHDEV

Annual Day Celebration



Annual Day, a very anticipated and enjoyable function of the RSWM-Rishabhdev family every year was celebrated this year also in a joyous and cheerful manner. The delicious food on 31st eve was enjoyed by all. State-wise dance performance of children and ladies was the specialty this year. In addition to this, the spiritual performance of gents and children related to Sri Ram added the attraction. Amidst the excitement and gaiety of the program, at the dawn of the New Year, everybody greeted each other and Shri K B Khatod, COO conveyed congratulations and best wishes to all for a Happy and prosperous new year. The program ended with prize distribution to the merit holders and selection of key executives of the Staff Club for the year 2024-25.

RSWM KAPAAS UNIT

Cotton Puja

On December 12, 2023, a pooja was performed for the new cotton crop at



the new project Kapaas unit by Shri Yogesh Dutt Tiwari (Chief Operating Officer). In this Pooja and program Shri. Rajesh Kumar Agrawal, Shri. G L Kabra, Shri. A V S Yadav, Shri. R K Gagrani, Shri. Narendra Bhandari, Shri. Brajesh Verma and all core team members, Services Engineers, other staff members, and union representatives were present.

RSWM-MANDAPAM

Staff Birthday Celebration



Staff Birthday (October to December Month) was celebrated with much gusto and enthusiasm in the Admin Garden every last week of the month. Cake cutting ceremony was done by the staff in the presence of Shri Satish Kumar Mittal (COO) and all staff members. All enjoyed High tea & Cake.

MOL-NOIDA

AIDS Day Awareness & Celebration



The occasion of World AIDS Day reminds us that we must treat people with aids with respect and equality. We have celebrated, educated, provided training sessions, and displayed various awareness posters at our respective units on World Aids Day on December 1, 2023 at all Noida Garments divisions.

NAVRATRA

RSWM-Kharigram Pariwar celebrated the Navratra Mahotsav organized by the Staff Club. The Navratra Mahotsav started with "Murti & Ghat Sthapana". Senior officers along with families participated in Durga Shaptshati Path & Aarti



in the morning & evening time. Hawan-Pujan was performed on Ashtami followed by a grand Pooja. All Staff, ladies, and kids performed dandia followed by milk and prasad distribution.

At LNJ Denim during the nine-

day-long Navratri festival, various departments used to sit to offer their prayer in the morning while chanting eternal mantras, and in the evenings Garba and Dandiya dance was performed. Competitions were organised by LNJ Denim, Knit & TPP Club at LNJ Nagar Colony, Mordi. Staff & their family members participated with full gestures & gave their best. Drawings & paintings were made by children. The Rangoli competition was also organised. Winners were awarded with prizes. Banswara also participated and enjoyed the festival.

Apart from daily worshipping at RPSF Fiber Plant, rangoli demonstrations and many religious & cultural programs were performed including solo & couple of dandiya raas programs.



RSWM-Melange



RSWM-Rishabhdev organised the program at the Staff Club Ground. A special Garba dance was presented by the ladies and girls' group. The best dancers & the bestdressed females, males & children in different age groups were rewarded with attractive prizes. Similar programs were also organised at Maral Overseas Noida, RSWM-RSWM-Mandapam, Kanyakheri, Maral Overseas Noida.

RSWM-Ringas arranged Ram Ji ki Jhanki with Vanar Sena passages and staff members with their families accompanied this on procession. Best-dressed males female, and children of different age groups were rewarded with attractive prizes.













DIWALI

Diwali, the festival of lights, is a time of celebration, reflection, and unity. It's the perfect occasion to infuse joy and togetherness into the workplace. Office rituals are as significant as family traditions, as they foster community, boost morale, and enhance employee engagement and strengthened the bonds within our professional family.







In the Head Office Founder Shri L N Jhunjhunwala with his family and employees gathered to perform puja. The celebrations in ADHPL in an



eco-friendly way and no crackers or fireworks were used. Maral overseas Noida, puja was done in the Garment Division in the presence

of staff. The Business
Head conveyed
his best wishes to
the staff members
& their families
and expressed his
expectation of all to
contribute their best
for the growth of
business and welfare
of the society.

Deepawali Sneh RSWM-Milan Lodha was unique, where the staff and their families met for Diwali greetings. A dinner was organized at Mayur Nagar. Αt RSWM-Melange, the Club organised a cultural function which was followed by dinner.

















Lakshmi puja was also done at LNJ Denim, RPSF Fiber Plant, RSWM-Mandapam, RSWM-Lodha, RSWM-Kanyakheri. The staff with their families participated. At RSWM-Ringas the office was decked up with colourful

lanterns, Diyas and Rangoli. Puja was performed at Ringas Unit. HEG also distributed gifts among the employees.

At RSWM-Kharigram a gala get-together of all the staff members and their families was organised at Staff Club.





Local dignitaries and Government Officers were also invited. Songs were presented and dinner was also served. Puja and hawan were performed at LNJ Denim Administration Hall and all the Staff members of Denim plant attended

this ritual. It was followed by sweets and bursting of firecrackers. Annakoot Prasad was distributed at Ganeshji Mandir in the morning at RSWM-Rishabhdev. Deepawali Snehmilan at the staff club was held and important dignitaries from Rishabhdev were also invited.









NEW YEAR

HEG organised a Grand New Year Celebration and Milestone Achievement at Amer Greens Bhopal. Employees gathered at Amer Greens to bid farewell to the year gone by and welcome the promising dawn of the New Year. The Executive Director highlighted the collective effort that went into achieving this milestone and propelling HEG towards greater heights.

Maral Overseas Ltd, Maral Sarovar welcomed New Year 2024 with full of joy and fervor.







Celebrations began with a delicious dinner. Cultural programs were organized in which various dances were performed by employees and their family members. The President addressed the audience and wished good luck, prosperity peace, and happiness to the audience and organization.

Staff Club Lodha (RSWM) celebrated New Year at Mayur Mill Campus with all the staff & their family members with tremendous enthusiasm. The New Year was celebrated with a cultural program, music, dance performances, songs, fancy dress, jokes & plays. After ushering in the New Year, the cake-cutting ceremony was done by COO. In RSWM-Melange the celebrations began with Deep followed by dinner and cultural events. At Ringas and RSWM-Kharigram special performances, Skits & Funny Dances, etc were performed by Staff, families & Kids.







ENERGY CONSERVATION DAY

National Energy Conservation Day is celebrated every year, to spread the message on the importance of conserving energy and showcase the achievements of the nation in energy efficiency, conservation and how to reduce unnecessary or unwanted use of energy.

In RSWM-Kharigram the celebration went off with full of events and activities like the Distribution of Energy Conservation Badges & Templates to all staff, LPG Saving & Safety templates to Staff Colony residents, an Exhibition of Energy

Conservation Posters, a Webinar Presentation by different experts of Energy Efficiency, Various Internal training Programmes for Workmen, Energy Saving Suggestions, Poster and Slogan Competition for Children of Staff Colony. The price distribution ceremony was conducted at the end of this week and prizes were given to workmen staff and kids.

In RSWM-Rishabhdev, Posters and banners were displayed at various places on the campus. Through a documentary film, the importance of energy saving was explained by GM-Engineering to the staff and workers who attended in various groups. A drawing competition for children was also held on Energy Conservation and prizes were distributed.

RPSF-Fiber Plant conducted the event competitions for poster, speech, slogans etc for energy conservation. Special energy conservation awareness drill programs were performed by the RPSF Team in Ringas renowned schools Like Government Schools, Excellence Schools, etc. to spread awareness amongst students for energy conservation. This initiation was appreciated a lot by residents. Prizes were distributed to winning contestants on the last day of energy conservation. Similar awareness programs also took place in LNJ Denim, RSWM-Mandapam,



आज का ऊर्जा संरक्षण कल का भविष्य : योगी

राष्ट्रीय ऊर्जा संरक्षण सप्ताह सम्पन्न

सर्विन प्यूब (१) रीपार।
अगर जान हमने कर्जा संस्थान
पर आप नहीं दिएता हो आरं वाले सम्पर्ध में इसकी बहुत बही बीमत भूकानी पह सकती है, क्योंकि क्षात के दीर में रिस्मा अपीत क्रात के दीर में रिस्मा अपीत क्रात हो से कर्जा संस्था है और आज कर कर्जा संस्थान आने बाले बाल का प्रतिकार है।

चर्च औरद्योगिक इकार्य आरम्भ्यस्थ्यपुरम के करहवा प्रचाद में चीक अधिर्वादिंग अधिकार एमके चीमी ने राष्ट्रीय जबार पर कहें। गीरतालक है कि जिला के तत्कारात में विश्वारीय अधिकारीरी द्वार है कि दिसम्बद तक राष्ट्रीय कर्जा मंद्रकाण मानाह के अनिमा विधिपन कार्यक्रम संभीता किया गृह तथा दीना के एक्सीटेंग गृह तथा दीना के एक्सीटेंग



हॉग्लिंग ऐकेडमी य उरव प्राथमिक विद्यालय सीमालावी साणी में बच्ची की जाती मांस्थण के लिए प्लॉट के सीमियर टीम द्वारा जागकक किया गया पूर्व विधिन्न कार्यक्रम जैसे कि पीमार, भाषण सहित क्रमेक प्रतिपाताई आदि कार्यक्रम कार्योजित किए गए म प्रतिभाताली पद्मी को पुरस्कृत

चीप अपिरिटिंग संपितात प्रापंध स्थित । प्रापंधित संस्थान के विचित्र कार्यक्रमों के प्रतिचानों से विचित्र के विचित्र के



सीकर जिला 17-12-2023

विद्यार्थियों और आमजन को किया जागरूक



रिश्त | उप्ट्रीय राजमार्ग 52 पर स्थित आरएसडायन्यूम पहाचर प्लांट के पीर अधिराटिंग अधिकार एवंड मोगी के नेतृत्व में विकारण अधिकारियों की टीम में सात दिवस्तिय राष्ट्रीय कार्य संख्या सन्तार के तहत क्षेत्र के राजधीय व विज्ञा विकारण में ति तहत क्षेत्र के राजधीय व विज्ञा विकारण में विकारण में किया कार्य कार्य कार्य की कार्य संख्या के लिए जांगल के लिए जांगल के लिए जांगल किया इस्ते देश में कार्य प्राच्या पहांच की कार्य कार्य कार्य करिया कार्य कार्य







HEG

State Level Quality Circle Competition



HEG has reached yet another milestone as the Quality Circle Forum of India (QCFI) organized by Indore – Sub Chapter, on October 27, 2023. Notably, our team "KARMA" represented HEG and emerged victorious, securing prestigious Gold Prize. This achievement underscores HEG's commitment to excellence in quality management practices.

RSWM-RINGAS

"ABHIVYAKTI" Best Suggestions Award Ceremony Conducted



"ABHIVYAKTI" Best Suggestions Award ceremony was conducted on October 7, 2023 at Ringas HRD Hall. The Best Suggestions award was distributed to Staff & Workers by Shri Anurag Mathur (The COO), and Shri A.K.Sengar - Sr.General Manager for giving valuable suggestions. This also motivated all to continue giving their effective contributions in their respective fields.

RSWM HR

Celebrating Academic Brilliance - Ms. Nikita Agrahari Shines at AKTU Convocation



Ms. Nikita Agrahari, a graduate of B.Tech. (Textile technology) from Nitra Technical Campus, Ghaziabad received top honors at the 21st convocation of Dr. APJ Abdul Kalam Technical University (AKTU), Lucknow, on December 26, 2023. She is a TGT-Engineer working with HJ21 plant in RSWM-Kharigram. Governor Anandiben Patel awarded her with a Gold Medal and a Degree for achieving the highest marks at the university level.

MARAL SAROVAR

Shri Tarun Baldua Elected as Dy. Chairman of MPTMA



The committee of Madhya Pradesh Textile Mills Association in its Annual General Meeting held on December 30, 2023, unanimously elected Shri Tarun Baldua, President, Maral Overses Ltd, Maral Sarovar as its Dy. Chairman. Madhya Pradesh Textile Mills Association is the single and large association of Textile Industries in Madhya Pradesh which is well recognized by State and

Central government of India. Maral Parivar congratulate him on this achievement and hope that Textile Industry in Madhya Pradesh will get benefited with his able leadership and vast experience.

Long Term Service Reward



We are pleased to announce that this year, we have the privilege of honoring four exemplary individuals for their long-standing dedication and commitment to our organization. Mr. M K Jha, Mr. Narendra Bhandari, Mr. Mangal Singh Rathore, and Mr. Ummed Singh completed their service tenure with us on December 31st of the previous year.

In recognition of their remarkable service, we will be felicitating them with a memento and an appreciation letter. This ceremony will be presided over by Shri Yogesh Dutt Tiwari (COO).

Rashtrapati PADAK received by LNJ Bhilwara employee's son



An employee of LNJ Bhilwara, Shri Devender Kumar's (Dy. Manager, Yarn Marketing) son, Shubham Singh, has been selected as a Flying Officer in the Indian Air Force and received the esteemed Rashtrapati PADAK.

RSWM-LODHA

Superannuation of Shri A.P Jain, Shri R. K. Agrawal & Shri A.V.S. Yadav:



Shri A.P. Jain, Shri R.K. Agrawal and Shri A.V.S. Yaday was superannuated from the services of RSWM-Lodha unit on December 31, 2023. Their Valuable contribution of tenure as Head of the department in the organisation will always be remembered. A Felicitation program was organised and Shri Yogesh Dutt Tiwari (COO), Core team and staff appreciated their contribution in growth of organisation. We wish them healthy, prosperous and happy post retirement life.

MARAL OVERSEAS

Joining of Shri Tarun Baldua



Shri Tarun Baldua joined as President at Maral Overseas Ltd, Maral Sarovar on December 02, 2023. Shri Tarun Baldua brings with him vast experience in reputed companies like Sutlej, Ruchi Group, etc. and it is his second stint with Maral Overseas. His last organization

was Surya Roshni Ltd, Delhi where he was Executive Director & CEO. Maral Parivar extends a warm welcome to Shri Tarn Baldua and wishes him a long association with the Company.

Superannuation of Shri S.N. Goyal



Shri S.N. Goyal, President, Maral Overseas Ltd, Maral Sarovar superannuated after a glorious association of more than 38 years with LNJ Bhilwara Group. A felicitation ceremony was organized in his honor in the presence of Shri Shekhar Agarwal, CMD, and other senior officers and staff members, and wished him good health and a happy retired life.

WISE CRACK

What if Dr. Seuss Wrote Computer Manuals?

If a packet hits a pocket on a socket on a port, And the bus is interrupted as a very last resort, And the address of the memory makes your floppy disk abort, then the socket packet pocket has an error to report!

If your cursor finds a menu item followed by a dash, And the double-clicking icons put your window in the trash, and your data is corrupted 'cause the index doesn't hash, Then your situation's hopeless, and your system's gonna crash!

If the label on your cable on the gable at your house, Says the network is connected to the button on your mouse,

But your packets want to tunnel to another protocol, That's repeatedly rejected by the printer down the hall.

And your screen is all distorted by the side effects of gauss, so

your icons in the window are as wavy as a souse,



Then you may as well reboot and go out with a bang, 'Cause as sure as I'm a poet, the sucker's gonna hang!

When the copy of your floppy's getting sloppy on the disk, And the microcode instructions cause unnecessary RISC, Then you have to flash your memory and you'll want to RAM your ROM,

Quickly turn off your computer and be sure to tell your mom!

Source: https://www.dell.com/community/en/conversations/desktops-general-locked-topics/what-if-dr-seuss-wrote-technical-manuals/647e360ff4ccf8a8debbc9d6
Original Title: What if Dr. Seuss wrote technical manuals?



II Sustainable travel is about more than just reducing your carbon footprint. It's about being mindful of your impact on the environment, local communities, and cultures. It's choosing to travel in ways that support responsible tourism and sustainable development. Every footprint you leave should tell a story of responsibility, connection, and the enduring beauty of our shared planet.

FINDING A PATHWAY TO CONSCIENTIOUS EXPLORATION OF THE WORLD IN THE MOST SUSTAINABLE WAY

In a world where the allure of wanderlust is ever-present, it's time we heed the call for sustainable travels. It's no longer enough to merely marvel at the beauty of our planet; we must actively strive to preserve it for generations to come. Sustainable travel is not just a trend; it's a responsibility—a commitment to treading lightly on this earth while embracing the richness of its landscapes and cultures.

Imagine waking up in a solar-powered cabin nestled among towering trees, the air crisp with the scent of pine, and the only sound being the gentle rustle of leaves. This is the essence of eco-friendly accommodations, where luxury meets sustainability. From treehouse retreats to off-grid glamping sites, these havens allow us to reconnect with nature without leaving a detrimental mark on it.

But sustainable travel is not just about where you lay your head at night; it's about how you journey through the world. Embracing the philosophy of slow travel, we relinquish the rush and embrace the rhythm of exploration. Whether hiking through rugged terrains or meandering through cobblestone streets, each step is a deliberate act of mindfulness, a chance to immerse ourselves in the tapestry of local cultures and ecosystems.

And let's not forget about the food—the tantalizing flavour of sustainable gastronomy that tantalize our taste buds while nourishing our planet. From farm-to-table feasts to foraging adventures, sustainable food tourism allows us to savour the essence of a destination while supporting local communities and preserving culinary traditions.

But perhaps the most profound aspect of sustainable travel is the opportunity to give back—to leave a positive imprint on the places we visit. Engaging with local communities, supporting conservation efforts, and advocating for responsible tourism practices are all ways in which we can contribute to the well-being of our planet and its inhabitants.

As we embark on this journey towards a more sustainable future, let us remember the words of Margaret Mead: "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." Each decision we make, each footprint we leave, has the power to shape the world around us. So let's travel with purpose, with passion, and with pride—knowing that together, we can make a difference.