

OPINION

Quarterly Newsletter of LNJ Bhilwara Group



PROUD TO BE INDIAN
PRIVILEGED TO BE GLOBAL

news from the school 16	a smiling you 14	lifestyle management 15
a healthy you 09	footloose 35	good read 25

Volume XXVII | Issue 6 | July-December 2022

message from group's chairman 03



I'd want to begin by saying that by creating excellence in research and innovation, and through our industrious endeavour in supporting healthcare, education, and food scarcity in the remote...

group happenings 04



A senior delegation led by Shuichi Nakajima San, Group Senior Executive Officer from Uniqlo, visited Maral Sarovar on 18th July 2022. The delegation consisted of Nakajima San, Ikeda San...

learning and development 10



A one-day workshop on women's skill development and empowerment was held at Maral Sarovar in association with MasterG, a NGO based in New Delhi. This workshop was conducted...

celebrations and festivals 22



On 1st July 2022, Chartered Accountant day was celebrated at Kharigram. In presence of Shri Manoj Sharma, CHRO, and Shri Avinash Bhargava, CFO. During this program, Shri B M Sharma, JMD,...

corporate social responsibility 28



Continuation of Global Vikas Trust's comprehensive interventions – water, soil, cropping patterns, and farming practices. Global Vikas Trust engaged 1858 farmers in 12 districts of Madhya Pradesh and 58.35 lakh...

achievements 32



For the completion of the expansion of our plant to take the capacity from 80,000 tons to 100,000 tons, the first shop to be started is our baking shop with equipment from Reidhammer, Germany...

a healthy you 09



Potassium
The human body requires varying amounts of minerals daily to build strong bones and muscles. It also helps to maintain various bodily functions. Therefore, we obtain these nutrients from eating foods rich in minerals...

welcome and adieu 34



Events



RSWM Limited launched Botanica Autumn Winter 2023- 24 in Premiere Vision Paris



LNJ Bhilwara kings cricket team participated in LLCT20 Legends League



Mock Drill on Fire Accident by MPCL



Special Induction Programme for Graduate Engineer Trainees by Kharigram



Women Sewing Training Centre by MPCL



Workshop on Women Skill Development conducted by Maral Sarovar

Editorial Board

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Chairman's note

I'd want to begin by saying that by creating excellence in research and innovation, and through our industrious endeavour in supporting healthcare, education, and food scarcity in the remote parts of the country, we have shown our serious commitment to the nation for a better environment which has resulted in great success. As we stand tall on the firm grounds of our dedication, we simultaneously gear up to act more vigorously and touch new milestones in the future. We will continue to scale up our productivity and achieve our goals at the highest level contributing to the country's growing economy that is sure to become a global superpower in the times to come.



Our synergy has catalyzed in fulfilling our corporate responsibilities through our persistent CSR activities. We are committed to help small organizations to achieve their goals and keep the environment clean and healthy.

The Union Budget FY 2023-24 was a great attempt aiming to reinforce a climate-friendly inclusive policy agenda; this will help India continue to be a preferred investment destination. The government has been giving a huge push to the infrastructure upgradation of our nation and an increase in spending on road and rail infrastructure is a testament to that philosophy. It will also perk up the economy, attract investors and make our country globally more competitive.

MSME's are the backbone of any nation and to boost the MSME segment there has been a focused targeting in this budget by way of increased fund support and further reforms to make things viable for them. The budget is not only trying to address short-term issues, but also long-term structural transformation on productive expenditure, innovation in research and development, human capital, digitalization, sustainability, and a healthy nation. The government is keen on bringing about 'ease of doing business' and to this effect, a lot of complex legalities are proposed to be removed or simplified; this will attract more investments in industry and improve the economy, generating more employment. I am confident that the new budget will help fulfil the dreams of an aspirational society.

Besides creating new business models and employment opportunities, the national vision of a 'Digital India' will also create ample opportunities to produce innovative products and services. These initiatives will have a highly positive impact on the GDP of our country and create a strong base for the Indian IT industry. "Overall, we are very optimistic about the future of the IT services industry, and I am looking forward to the new opportunities that will arise from these initiatives."

To enhance the productivity of cotton, the Government will adopt a cluster-based and value chain approach through Public Private Partnerships (PPPs). This will facilitate collaboration between farmers, the state, and industry for input supplies, extension services, and market linkages. This will help the garment industry with security in raw material supplies. Apparel exporters are delighted for accepting their demand for reinstating the duty-free facility for importing embellishments like trimming, zipper, fasteners, buttons, lining material, and packaging.

A significant 33 percent increase in capital expenditure to Rs. 10 lakh crore -- 3.3 percent of the GDP -- thrust to fast-track infrastructure development, and the highest ever Rs. 2.40 lakh crore for railways will translate into robust domestic steel demand, thus spurring private investments and job creations.

I extend my foremost gratitude and appreciation to our employees for their commitment and continued support. Their tireless dedication and industry expertise have contributed greatly to the achievement of the organization which in turn brings on to us added responsibility to work more diligently with further determination to touch milestones of greater success, tomorrow.

With Best Wishes

Ravi Jhunjhunwala

Maral Sarovar

Uniqlo, Japan visit



A senior delegation led by Shuichi Nakajima San, Group Senior Executive Officer from Uniqlo, visited Maral Sarovar on 18th July 2022. The delegation consisted of Nakajima San, Ikeda San, Yamanaka San, Jothi San, Sumit San and Nafiz San. The delegation was welcomed by the Jt. Managing Director Shri Shantanu Agarwal. The team was impressed with the plant operations and appreciated the cleanliness and maintenance of the plant.

RSWM Ringas

Visit of Rajasthan Pollution Control Board (RPCB) Chairman



Rajasthan State Pollution Control Board (RPCB) Chairman Shri Sudhanshu Pant (Senior IAS Officer) visited the RSWM Ringas premises and had a detailed round of the RPSF Fiber Unit. The complete process of recycling post-consumer PET bottles was explained to him and he was impressed on Eco-Friendly process converting PET scrap into textile products. COOs Shri MK Yogi & Anurag Mathur requested Shri Sudhanshu to plant a sapling.

Kharigram

Visit of ED (Bank of Baroda)



Shri SL Jain, Executive Director and Shri Rajesh Malhotra Chief General Manager of Bank of Baroda visited Kharigram plant on 20th July. They were welcomed by Shri Avinash Bhargav (CFO). Company's business and new expansion plans were discussed and have expressed their support as business partners.

RPSF Plant

Contribution to staff for medical emergency



A relief fund worth Rs. 1.00 Lacs was arranged by contributions from our staff & workers for Shri Rajeev Kumar (Ex. Engineer Draw Line RPSF Plant) Mr. Kumar had left the organization in 2019 due to severe kidney infections followed with kidney failure. Eventually he had been hospitalized in Gujarat for Kidney transplant.

LNJ Bhilwara Kings

Legends League Cricket Tournament

LNJ Bhilwara Kings Cricket team participated in LLCT20: Legends



League Cricket 2022. Staff Club Kharigram arranged for screening of live matches in the club ground for the staff and their family members. Senior management and Kharigram staff members also reached Jodhpur Barkatullah Khan Stadium to cheer and support our cricket team. The in-house crowd enjoyed all the matches with loud cheers and with iconic songs.

RSWM LIMITED

GRS AUDIT



The GRS audit was conducted by Mr. Nitesh Dubey from Control Union on 25th July 2022 and was completed successfully.

Botanica Autumn Winter 2023-24

RSWM Limited launched an exclusive collection of yarns focused on sustainability and met people from some great



brands such as PVH Corp., Jockey International, Inc., Aditya Birla Fashion and Retail Ltd., Ralf Lauren, H&M, IKEA, Marks and Spencer, C&A, Next, Gap, Superdry, Migros Ticaret A.Ş., Mothercare PLC, Perennials and Sutherland LLC, Decathlon and Target.

EPFO "Prayaas" Function

Employees Provident Fund Organisation, Jaipur organized a function on 29.07.2022 at Jaipur and distributed pension payment



orders to our employees at P.F. Office who were superannuated. Our team with Shri R.N. Meera - Asstt. P.F. Commissioner (Pension), Shri Shailendra Jain RPF-II (Accounts) & Shri Ravi Yadav - RPF-II (Compliance), Shri G.N. Chawla - RPF -II (Pension) were also present at this function.

Rishabhdev

Consortium meeting of Banks

A consortium meeting of Banks was held on 2nd December 2022 in which senior officials from various banks had participated. Shri Avinash Bhargava (CFO), Shri Rakesh Jain & Shri Shubham



Agarwal from the Kharigram Unit were there in the meeting. Shri K B Khatod (COO), Rishabhdev, Shri Ashok Sodani, DGM (Comml)

and Shri Ashok Choudhary, Manager (Accounts) attended the meeting. The COO welcomed the delegates and Shri Ashok Sodani briefed them about the Unit's performance and financial position through power point presentation.

The presentation was given by Shri Rakesh Jain. A plant visit was done by the officials after the meeting.

Vivekanand Sandesh Yatra

Vivekanand Sandesh Yatra began from Vivekanand Kendra, Kanyakumari and reached



Rishabhdev Unit's Main Gate on 6th December 2022. There were approximately 30 people in the yatra. Shri K B Khatod (COO) and staff, VKV school's Principal, and teachers assembled at the main gate to welcome them. Students from VKV arranged cultural activities including a small play related to Swamiji's life & teachings. A Quiz competition on the life & teachings of Swami Vivekananda was also held on this occasion. The Chief Guest of the yatra Shri Bhagwan Singh briefed about the purpose of the yatra.

The Yatra was held on the occasion of the Silver Jubilee celebration of Vivekananda Kendra, Kanyakumari. The 50 days long Yatra covered all 33 Districts of Rajasthan and was culminated on 7th January 2023. The National Joint General Secretary Smt. Rekha and Shri Raj Nair from the Kendra were also part of the Yatra. The main objective of the yatra was to spread the message of Swami Vivekananda to the masses.

Ringas

IMS Recertification



A team of BIS Auditors visited Ringas Plant on 03.08.2022 for IMS Audit for recertification which was successfully renewed.

Bankers Consortium Meeting



The Bankers' Consortium Meeting was held at the Ringas unit on 13th September 2022. The senior officials from lead banks, viz. SBI, UBI, BOB, PNB, ICICI Bank, HDFC Bank, and Yes bank attended the meeting along with representatives of RSWM Ltd. i.e. CFO, COO of Spinning division, COO of RPSF division, GM & Sr. Manager (CFD) and Commercial Heads. A brief presentation of Ringas Spinning & RPSF division was presented sharing and explaining the financial performance for Q1 with the bankers which was followed by a Q&A session.

Visit by Sangmitra sriji, Amijara sriji, Merushila sriji Maharasa



Sangmitra Srijji, Amijara Srijji, Merushila Srijji Maharasa visited the plant on 8th December 2022. Team

group happenings

and family members benefited from the spiritual speech and guidance and felt that the surroundings had filled up with a lot of positivity. They also visited our plant for seeing the yarn manufacturing process.

Visit of Statutory Auditor



A Statutory Audit was conducted at Ringas Unit. A team visited on 31st December 2022 and conducted the audit led by Mr Shri Vijay Gupta and Shri Jugraj Singh.

Senior Statutory Auditors of M/s SSKM & Co., N. Delhi with Shri Rakesh Jain (CFD). They went around the plant and checked & verified documents and were satisfied with the implementation status.

LNJ Denim

SLCP Verification Audit

The LNJ Denim Unit went through SLCP verification audit from 8th to 10th September 2022. The Eurofins India Auditor Shri Swapnil Savadi & Shri Natarajan V had audited the



systems and processes of the entire unit for three days. Some minor NCs and few suggestions/observations were raised. It was supported by HODs and their respective teams for successful conduct of the audit.

Levis social and environmental audit



LNJ Denim Unit went through Levis Social & Environmental Audit from 14th to 15th September 2022. Shri Anil Chaudhary audited the systems and processes of the entire unit for two days and certification continues after the successful completion of the audit. It was supported by HODs and their respective teams for the successful conduct of the audit. Shri Rohit Basu from Levis audited the Environmental and Chemical Management system on 15th and 16th September 2022.

CMD Visit



Shri Riju Jhunjhunwala, Chairman & Managing Director, RSWM Ltd., visited the LNJ Denim plant on 27th November 2022. Shri Arbind Mishra & Team welcomed him & were taken through the Denim & Knits facility. CMD met the HODs and interacted with the team. He asserted the new upcoming expansion in our group.

BSL

Labour Sports Competition

One day Labour Sports Competition was organized for the workers from all divisions/units at BSL premises on 22nd December 2022 by the HR Department. Various types of motivational games were played between the workers. Prizes were given to the winners by Shri Praveen Jain, Director (Operations), Shri PS Phogat, VP (Spg.) Shri PS Brar, GM (Wvg.) & Shri Sanjay Tripathi, GM (HR & IR).

Shri Sanjay Tripathi & Shri Ramayal Jat have taken active initiatives to organise this motivational programme for the workers.

Vaccination and blood donation camp

Our staff and workers wholeheartedly participated in Blood donation camp organized in RSWM Ringas and Rishabhdev. Certificates were also awarded to the donors.

Camps for booster doses were organized at Kharigram Unit and Rishabhdev for workers and their families at Kharigram.



Kharigram



Rishabhdev



Ringas

Picnic

Picnic is a fun and relaxing way to build memories and enjoy the presence of others. Ringas Staff Club and RPSF Ringas organised the outing for all the staff with their families at Apano Rajasthan Resort. Cultural activities, swimming, rain dance, horse riding etc. were a part of this outing.



Ringas

RSWM Staff Club Kharigram organised a trip to Swadridhani & Khoda Ganeshji, Ajmer. Staff members and their families enjoyed the cultural activities like puppet shows, folk dance, magic show etc. Delicious food was also served.



RPSF Ringas



Kharigram

Ringas: Movie Show

A Movie show was organized under the Staff Club of the Ringas unit. Movie Dasvi was shown to staff club members. All the colony residents and staff members of the Ringas unit enjoyed the movie with their family members and were happy with this kind of initiative.



Ringas



LNJ Denim: Customer visit from Guatemala

Mr. Jose Herrera from Guatemala paid a visit so that he could comprehend the full denim process. He toured our Denim facility and expressed his appreciation for the facility and Denim products. He was quite amazed by the variety of new developments and hospitality of the Denim staff.

Health & Wellness camp

RSWM Rishabhdev organized a Health and Wellness camp at the mill's training hall. Bone Density Check was done for the employees.

Students Visit

A group of 42 students of Shree Pragya College visited Kharigram Unit and were delighted to learn the process of Yarn manufacturing for enhancing their knowledge.

Students from Spring Dale's Public School and Mandawa Sr. Secondary School visited the RPSF Unit for gaining technical and industrial knowledge and understanding of the production process for recycling and were amazed to learn that a solid waste bottle could be converted into fancy textile-grade Fiber.



Kharigram



Ringas



RPSF

Denim Exhibition Participation

LNJ Denim participated in the Denim Zone of “GARTEX 2022” in New Delhi to draw the attention of the global denim community. Customers were shown newest AW-23 collection, “Denimic.” The response was outstanding. LNJ Denim participated in Denims and Jeans exhibition held at Tokyo. Our Marketing Head had meetings with some important customers with respect to business growth and existence for future market at global level.



LNJ Denim



LNJ Denim

Customers visited the stall and appreciated our product range, designs & fast progress in sustainability concept. Since this was the first independent denim show in Japan, potential Brands/ Customers visited our stand and saw the Collections.



LNJ Denim

LNJ Denim participated in Denim Première Vision exhibition held in Milan, Italy. They presented their newest SS-24 collection “Switch” in the show, with a focus on denim versatility, sustainability, and clean manufacturing.

The collection comprised 4 themes – Urbanite, Epicurean, Preserver, and Vagabond each showcasing a group of products apt to the theme.



Ringas

RSWM Limited participated in the India ITME-2022 exhibition held in Noida. A

delegation of 8 members participated from Ringas Unit. The exhibition garnered participation avenues for exploring new customers, products, and new technical innovations.

Inditex Audit

A renewal audit of Inditex was held at RSWM limited. The team appreciated the high-quality housekeeping of the plant and campus. The GRS audit was also completed successfully at RSWM Limited.

Inditex audit was conducted at the Ringas unit. A small trip around the plant was done by the team to check and verify documents. The team was happy and satisfied with the process that was being implemented and followed at the shop floor level. A Statutory Audit was also conducted at the Ringas Unit. A term of BIS Auditors also visited Ringas Plant for IMS Audit for recertification and the certification was successfully renewed.

LNJ Denim Unit went through SLCP verification audit. The team audited the systems and processes of the entire unit for three days. Some minor NCs and few suggestions/observations were raised. The Unit also went through Levis Social & Environmental Audit for two days to check the systems and processes. It was supported by HODs and their respective teams for the successful conduct of the audit.



RSWM



RSWM



LNJ Denim



Ringas



LNJ Denim



Ringas



Ringas

Potassium-Rich Foods - You Need to Add To your Diet

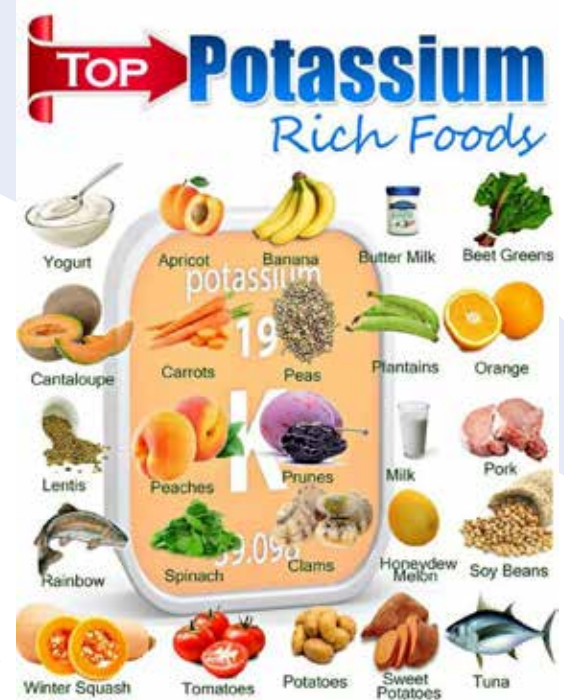
The human body requires varying amounts of minerals daily to build strong bones and muscles. It also helps to maintain various bodily functions. Therefore, we obtain these nutrients from eating foods rich in minerals.

Potassium is one of the seven essential macrominerals. The human body needs potassium to support key processes. It helps maintain the water levels inside our cells. It is the third most found mineral in our body. It improves the circulation of fluids, nerve transmission, and muscle contraction control. Our cells contain almost 98 percent of the potassium in our body. The majority of this is present in our muscle tissue, and the remaining (2%) is found in our liver, bones, and red blood cells.

- Controls nerve impulses and muscle contractions
- Helps in maintaining fluid balance in the body.
- Maintains proper functioning of muscle and nervous system.

Potassium also works as an electrolyte in our bodies. Electrolytes conduct electricity in the body and help manage crucial functions in the body. Between the positive and negative ions present in electrolytes, potassium helps carry positively charged ions.

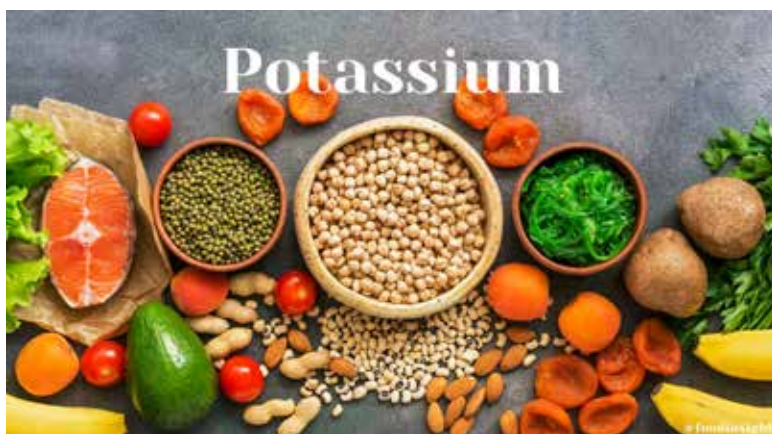
Eating sufficient potassium helps in water retention, reducing blood pressure, preventing kidney stones, etc. In addition to this, our body is 60% made up of water, potassium helps manage the water present inside our cells. Hence, it is important to feed our bodies with enough potassium.



Some Foods to incorporate into our diet to increase potassium intake

Spinach, Apples, Oranges, Tomatoes, Papaya, Bananas, Lemons, Celery, Mushrooms, Pecans, Raisins, Pineapple, Rice, Cucumbers, Strawberries, Figs, Brussels Sprouts, and Legumes

Banana -Bananas are one of the most popular sources of potassium. Bananas are a great source of potassium and other nutrients such as vitamin B6, magnesium, vitamin C, manganese, and fibre. They also lower blood pressure, better asthma symptoms, better heart health and reduce the risks of developing type 2 diabetes. Bananas are a healthy source of fibre and help you feel fuller for longer.



Fish -Some fatty and lean fish can provide an adequate amount of potassium. Fish are also a great source of numerous minerals, such as zinc, iron, iodine, etc. It is also full of omega-3 fatty acids and vitamins B2 and D.

Watermelon- Watermelon is a great source of potassium as it has a very high water content. Watermelon is also a great source of magnesium, vitamin A, vitamin C, fibre, and other nutrients.

Spinach-Spinach is a popularly healthy vegetable. Although it is known to be a great source of iron, spinach also provides the body with enough

potassium and other nutrients such as vitamin K, vitamin A, folate, and magnesium. It also has adequate amounts of potassium. Incorporating even a cup of spinach a few times a week can help you increase your potassium intake.

Legumes -Beans and legumes are other great sources of potassium. They provide ample proteins if you follow a plant-based diet. They are also extremely versatile.

Maral Sarovar

Workshop on Women Skill Development

A one-day workshop on women's skill development and empowerment



was held at Maral Sarovar in association with MasterG, a NGO based in New Delhi. This workshop was conducted by Ms. Preeti Mishra, a trainer from MasterG. About 100 women from nearby society attended this workshop. Shri S.N. Goyal, President and Shri Manoj Thakker, Vice President (HR), Maral Overseas, addressed the audiences.

Rishabhdev

Technical visit of Engineers



A team of Engineers from The Institution of Engineers (India), Udaipur Local Centre visited Rishabhdev's Unit on 17th December, 2022. Shri Anil Dalawat, GM (Engineering) welcomed the team and briefed them on the functioning of the plant. They had interacted with our COO.

HEG

Employee Engagement Activity

To promote employee engagement, activities such as communication, team building, boosting morale etc. were performed by employees from various departments. The motive for organizing this event was to focus on several factors.



The response to this event was overwhelming. The rewards were distributed to the winning team for their commendable performance.

The training was conducted on Graphite House Lawn. This training was organized in the presence of our Executive Director Shri Manish Gulati and Head of the HR Department Shri Axay Saxena.

Session on Quality Circle



A session on the quality circle was organized by HEG in gurukul by Padmashri Awardee Shri BL Chouksey. The employees were curious to know about the life events of the honourable personality and were keen to learn the lessons from his experience.

The session was basically based on Quality circle and how to deliver knowledge about the work ethics, work culture and shop floor training that could help in optimizing the working more effectively.

The HOD of IT Dept. Shri Rajesh Jetha & HOD of HR Dept. Shri Akshay Saxena greeted the hon'ble guest and addressed the session.

Training Session on IMS by Bureau Veritas

Bureau Veritas is a French company specializing in testing,



inspection, and certification was Founded in 1828. It operates in a variety of sectors, including Building & Infrastructure, Agri-food & Commodities, Marine & Offshore, industry, certification, and consumer products.

This training was conducted for the Integrated Management System which concludes all three ISO namely 9001, 14001, and 45001. An integrated management system is a single system designed to manage multiple aspects of an organization's operations in line with multiple standards, such as for quality, environmental and health & safety management.

Quality Concept Training



The training session for the awareness and implementation of the quality concept was organized by QCFI in the Atishay Hotel, Bhopal. The session included various important topics such as 5S, Kaizen, TPM, etc. The team from the HEG participated in the event to learn about the quality concepts and how to maintain the quality standard as per the expectations of the organization.

The Employees attended the session and gained some new takeaways about the quality techniques and methodologies from this event.

Kharigram

Awareness Session on HR Policy



HR Department, Kharigram conducts time-to-time refresher training for staff members to make them aware and update about various policy aspects and gives clarity as and where required. In this context, an awareness programme on employee benefits & loan policy was conducted.

Special Induction Programme for Graduate Engineer Trainees



A Special Induction Programme was initiated in addition to the regular Induction process for the Campus-hired TGTs (Batch 2022). This programme placed a strong emphasis on enhancing TGTs in everyday job-related knowledge and understanding of the organization's processes.

TGTs had an opportunity to interact with the leadership team, which included the JMD, BH, FH, COOs, and Department Heads. Each instructor in our newly established introduction programme was a part of the RSWM family and a subject matter expert, which made it unique.

During this Special Induction programme, few TGTs were identified as potential future manager based on their presence of mind, urge to learn, sincerity, and the quality of questions raised by them pertaining to the subject. The TGTs are then

attached with the COOs office for 6 months, for grooming them as the future manager. They are then involved in strategic decision meetings, business study for their development/analytical study and other managerial decision-making process.

Training on Market Complaint

A training session was organized on "Market Complaint, its nature, types,



and remedies" on 04th July 2022 at Kharigram. Shri P.N. Jha, General Manager, Post Spinning took this session. He explained various types of quality complaints, market response, corrective and preventive actions for complaints, Post Spinning process checks for reducing the complaints, etc. Production, Quality, and NPD staff officers were covered in this program.

Interaction Programme - "ITME, 22"



An experience-sharing session was organized at Kharigram in presence of Shri Sukhesh Sharma, BH after his visit to ITME, 22, Noida. This session was interactive and knowledgeable, discussed was an area of advanced technology, energy conservation, process optimizer & improvement quality. The shop floor team of production, engineering, maintenance and QA were benefited with this session.

Ringas

Motivational workshop



A motivational workshop was organized on 'Safalata Ki Kunji' at the Ringas Plant for our employees Foremen/ Fitters/Checkers/Senior Workers etc. This workshop was presented by Dr. Pankaj Shukla, Being Capable Organization, Nagpur.

ADHPL

Re-Certification Audit of IMS Completed



Re-certification audit of IMS (Integrated Management System) was completed successfully. The audit was conducted at the site by the auditors from the certifying agency. The auditors inspected all relevant documents pertaining to IMS followed by a site visit and the interaction with different department in-charges and employees of ADHPL to assess the implementation status of Management Systems (ISO 9001: 2015, ISO 14001:2015 & ISO 45001: 2018). After the completion of the audit, the lead auditor from certifying agency recommended ADHPL for re-certification of IMS for another three years subject to the successful completion of surveillance audits.

Tier-2 Emergency Preparedness Drill on FLOOD

A tier-2 mock drill on flood was conducted by ADHPL to check the



emergency preparedness, planning and response of the rescue team.

The Pradhan Gram Panchayat Prini and Chahoga, people in the vicinity, staff of the small hydropower plants located in downstream of TRT and

local administration were also involved in the mock drill.

The mock drill scenario involved a sudden rise of flow in Allain Nallah at the barrage (diversion site) and a subsequent rise in water level. Due to this, vehicular traffic on Allain road was closed and staff positioned at the barrage control room had to leave the site and move to a safer place. Looking at the dangerous water levels, the Allain Barrage team closed the HR and bulkhead gates and flashed the message of emergency to control room PH. The mock drill was conducted as per plan and all parties took part actively in the drill.

First EQHS management review committee meeting held



The first management review committee meeting of IMS for the certification year 2021-22 was held on 6th August 2022. All section in-charges, committee members & workers from various departments participated in the meeting. Chairman MRCM-cum-VP (TL), VP-F&A, HSE Manager corporate, TL-Bhuntar and TL-Sunder Nagar joined the meeting through online mode.

Energy conservation week

To create awareness of the importance and value of energy and how to reduce unwanted use of Energy – An Energy Conservation Week was celebrated by LNJ Denim, RPSF, Rishabhdev and Kharigram.

During the celebration various events like posters, slogan

competition etc. were conducted.



LNJ Denim



RPSF



Rishabhdev

Special awareness drill programs were performed by RPSF team in Ringas in schools to spread awareness amongst students. In RSWM Rishabhdev pamphlets were distributed to all employees, residential quarters, and students of VKV School, briefing the importance of energy, and energy saving tips for domestic appliances viz. Refrigerator, AC, Washing machine, Microwave, use of natural Sun lights, etc. a drawing competition was also held on World Energy Conservation Day. Prizes



Kharigram

were also distributed to the winning contestants. In LNJ Denim a documentary film showing the importance of energy saving was explained to the audiences. At Kharigram, exhibition of Energy Conservation Posters, Webinar Presentation by different experts panelled in Bureau of Energy Efficiency, Various Internal training Programmes for Workmen, Energy Saving Suggestion, Poster and Slogan Competition for Children of Staff Colony.

Fire Drill Sessions

To check this alertness, awareness, response of the emergency response team, and how to deal with injured persons safely - a Fire Drill was conducted in various plants at Ringas RPSF, Kharigram, MPCL. This training will assist learners in understanding the various possibilities and causes of fire formation, identifying fire hazards, particularly in workplace environments, and familiarizing themselves with fire safety devices.



Ringas RPSF



Kharigram

An emergency fire mock Drill was conducted at MPCL. As per mock drill scenario, fire had broken out in company mess, near administrative building. Two mess employees had stuck inside the kitchen of company mess and were to be evacuated by MPCL fire rescue team. As part of learning, observations were recorded, for future course of action.



MPCL



Kharigram

A similar fire fighting training program was conducted for staff members of our new Mélange Unit at Kharigram. Staff members were educated on fire fighting. The members were made aware on the use of fire equipment installed in factory premises with live drills.



Kharigram

Safalta Ki Kunji

'Change is the nature of life' A motivation workshop - "Safalta Ki Kunji" was conducted at LNJ Denim, Rishabhdev and Kharigram to find out the inner potential of an employee. The one-day training program was provided to our Foreman / Fitter / Checker / Senior Workers of LNJ Denim & Knits. It was elaborated that how a man gets capable in four aspects of health, knowledge, money & characteristic. The program was concluded by playing motivational games removing negativity, the secret of health, anger control etc. The participants of Kharigram were highly appreciative of the programme and learnt so many good things which can change and improve their lives.



LNJ Denim



Kharigram



Rishabhdev

5S System Training



At LNJ Denim a 5 S Auditor Training & review meeting on 5 S was conducted. The two-hour Virtual program on 5 S Auditor Training was held for the employees. Before training, 5 S Audit was conducted to review the implementation of 1 S & 2 S in the plant by our internal Auditors. They had given their observations

for further improvements for each department.

HR Department conducted an awareness cum training program on 5S at Kharigram to review the system. The main objective of the training was to create awareness about the use of the 5 S marking standard & its implementation in the plant.



Traffic Awareness & Road Safety Training

At LNJ Denim a training session on Traffic Awareness & Road Safety was organized. The training was given by District Traffic & Safety Department, Banswara. The District Traffic Officer has asserted the Value of human life, our safety, rules & regulation of safety, how we can avoid it, and how we can be saved in our daily routine life.



Training on Market Complaint

A training session was organized on "Market Complaint, its nature, types, and remedies" at Kharigram. Various types of quality complaints, market response, corrective and preventive actions for complaints, Post Spinning process checks for reducing the complaints, etc. Production, Quality, and NPD staff officers were covered in this program.



A smiling you



Boss n Employee

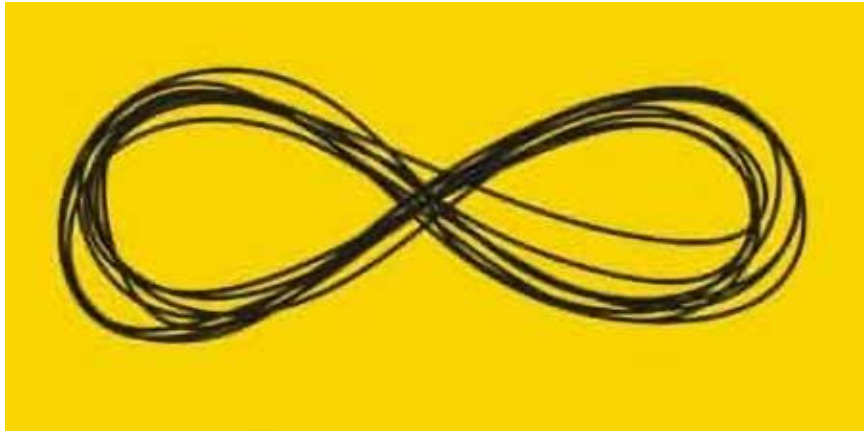
Boss: Can you come to office on Sunday, there is some work to finish.

Employee: Sure. However, I will be late for work as public transport on Sundays is really bad.

Boss: Sure, that should be fine. By when would you reach?

Employee: *Monday!*

Healthy Walk - Siddha Walk



This technique of yogic and spiritual values is being revived now by a lot of people in order to spread the message of happiness, health and peace to all

What is Siddha Walk

Siddha walk is a process where you walk in a pattern of number 8 or infinity, in a particular direction and at the required speed, with the right mindset. This technique of yogic and spiritual values is being revived now by a lot of people in order to spread the message of happiness, health and peace to all.

History of Siddha walk

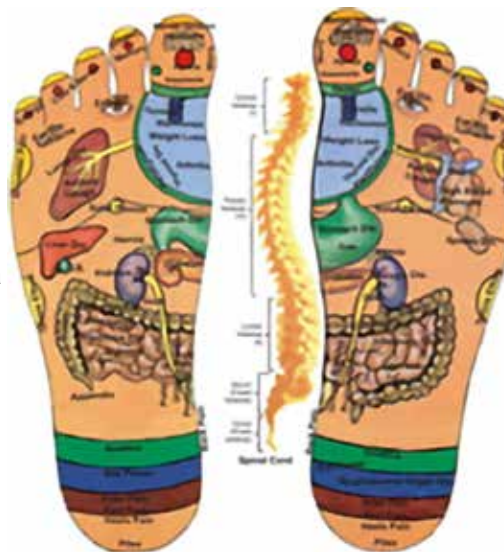
The Siddha walk comes from the ancient scripture of Agastya Nadi. According to him, Maharishi Agastya was one of the learned sages, who adopted this technique, researched its benefits and left the legacy of this practice for humankind. Now all of us can adopt it through his manuscript, the Agastya Nadi.

Benefits

Siddha Walk has the power to not only accelerate your physical health but also elevate your mental and spiritual well-being. It is a dynamic system based on a scientific approach, which has the potential to drastically transform the human body and mind. It also represents connection and how we transition

from one task to the other, apart from demonstrating how one act or choice that you make today automatically leads to the next set of choices or tasks that we end up performing.

As you walk in South - North direction, i.e. towards and against



the earth's magnetic field, the body gets energized and activates the chakras and all internal organs for normal functioning.

Due to 8 shaped walking style, all your body parts like legs, ankles, knees, abdomen, hips, hands, shoulders, neck, head etc. move in a twist-and-turn pattern. So it gives a very good physical movement

to all parts of the body when compared to regular walking.

As you walk on bare foot, there will be pressure created at different points in your foot due to the contact with the ground and thereby activating all internal organs. Within a few weeks, you see relief from any chronic disease (the foot has the reflex acupressure points that are linked to the internal organ)

As you need to concentrate on the 8 shapes while walking, possibly you will avoid chatting with friends or using of mobile and that will ensure proper breathing.

With regular practice, you will notice relief from Headaches, Digestive Problems, Thyroid, Obesity, Knee pains, Rheumatoid Arthritis, weight gain/ loss and constipation etc. This walking helps in balancing blood pressure. It also reduces sugar levels in the blood and reverses your diabetes and its complication within a year of regular 8 walks.

Helps you to calm down your mind and relieve stress. Refreshes your body for day long work.

It's easy and very convenient for aged people who can't go out for regular walking.

Our Schools

where learning
and joy come together

VKV Hudra

Art & Craft Exhibition



To nurture the talent and potential of the students a two Day Art & Craft Exhibition was organized at Bhilwara. Two hundred paintings made by the students were displayed. Some of the artists also demonstrated different kinds of paintings using charcoal, watercolours, oil colours,

Chess Tournament



Six students bagged prizes for chess tournament organised by the Rajasthan Government.

FIDE Tournaments – Sirohi and Jaipur

Aaradhya Upadhyay of class III (FIDE Rating) has been declared as Rajasthan State Champion with a Trophy and Cash Prize of Rs.5000/-. She will represent Rajasthan in National Tournament, Pondicherry.

She also holds 2nd position in State Under 10 categories, and 2nd position in State Under 11 category.

She holds the 6th position in State Under 19 categories.

Nandini Purohit of Class VII received 1st position in Rajasthan under 13 category.

Children's Fair



On the Children's Day Celebration, the school organized a fair. There were various stalls and Jumping Jack to attract the students. children danced to the music system and had delicious snacks. It was a well-organised fair with full of fun and entertainment.

VV Maral Sarovar

Cluster Chess Competition



Vivekanand Vidya Vihar Maral Sarovar swept the CBSE Narmada Sahodaya Schools Cluster Chess Competition (District Level) by winning positions in all 3 categories for Boys. Efforts of Chess Coaching at the centralized level in LNJ Group Schools enabled the students to show their talent and potential in the game and brought laurels to School.

Chess Championship

State Sub Junior Level Chess Championship :VVV Maral Students showed their proficiency of chess in Madhya Pradesh state sub-junior



chess championship 2022, at IPS academy Indore, where Ishan Rathod of class VIII A secured 27th position and Sankhya Takzare of class X secured 66th position in the State.

Sustainable Developmental Goals

Under CCA Activities, Inter-house Quiz and Essay writing competitions



were held. The theme of the quiz competition was 'Nature' based on various SDGs- Life on Land. Senior students wrote an essay on the topic "Me and Tree" after watching a movie based on trees.

Japanese Visitors to School

Guests of Maral Overseas Limited from UNIQLO Japan visited Vivekanand Vidya Vihar Maral Sarovar school and much appreciated the facilities, technological interventions, and



aesthetic development initiatives in the school. They were accompanied by School and MOL Trustee-Owner Mr. Shantanu Agarwal, President MOL Mr. S N Goyal, and VP HR MOL Mr. Manoj Thakker.

Class XII CBSE Board results

CBSE Board results -VVV Maral proudly presents the stupendous performance & result of the Class XII 2022-23 batch with the school topper at 96% (Khargone District and LNJ Group Schools topper).

Class X CBSE Board Results

CBSE Board Results - VVV Maral proudly presents the stupendous performance & result of the Class X 2022-23 batch with the school toppers at 90%.

Poster Making Competition



An Inter-House Poster competition in two categories i. e. Junior and Senior was held. The aim of the competition was to ignite the fire of imagination and creativity in the students. The theme of the competition was 'Save Animals' for juniors and 'Use Green energy- Stop Pollution' for seniors. The young learners displayed their artistic skills through an array of posters. Students of all three houses participated in the competition with immense zeal and enthusiasm. Beautiful posters.

Sustainable Developmental Goals

Under CCA Activities, Inter-house Quiz and Essay writing competition were held. The theme of the quiz competition was 'Nature' based on



various SDG- Life on Land. Senior students wrote an essay on the topic "Me and Tree" after watching a movie based on trees.

Sustainable Developmental Goals based Parent Teacher Meeting



Vivekanand Vidya Vihar aims to develop responsible citizens and students and instil the value of environment conservation and social welfare. Keeping the same vision, on the first PTM of this session, a plantation drive was organized. This plantation drive was completely designed for the parents. Parents showed great enthusiasm for it and our SDG Club students got around 50 saplings planted. It was really a great day for our students who were happy to get their assessment feedback and on the other hand, they were learning the practical lesson of responsibility towards the environment.

Investiture Ceremony



On the 75th anniversary of Independence, Vivekanand Vidya

Vihar celebrated the day in a dignified way and held the Investiture Ceremony for school leadership. Students performed beautiful musical performances in the programme. The President of Maral Overseas Ltd was the chief guest of the programme. He also administered the oath to all the members of the school, house, and class council.

SGFI Table Tennis

Students swept the Table Tennis floor at the District Level competition emerging as Overall Winner School



with 1st and 2nd positions in U 17 Boys, 1st 2nd, and 3rd positions in U19 boys. The students also secured 3rd position both in U 14 boys and U 17 Girls.

Tribute to Devi Ahilya Bai Holkar

On the 227th "punyatithi" of Devi Ahilyabai Holkar, the students of Vivekanand Vidya Vihar paid musical tribute to the queen of Maheshwar (Malwa) who fought



the challenges in the path of governance and continually worked for the empowerment and uplifting of the public community. In the programme "Ahilya Utsav" organised at Maheshwar, students of classes 5th to 8th performed on the stage.

SGFI Netball State Level winners



Khargone District SGFI Netball team trials were organized by Vivekanand Vidya Vihar Maral Sarovar, where students performed well and showed their calibre & skills for District team selections. 35 VVV Maral students got selected for Division Level Netball Tournament at Indore. Further 9 students were selected for 66th SGFI State level Netball Championship.

Doctors Day

To honour the Doctors for their selfless service, VVV Maral invited Dr. Dhananjay Upadhyay to share his Journey and Tips to lead a



healthy life. Many parents and students took benefit from Dr. Dhananjay's advice- He emphasized precautions to be adopted, following a hygienic routine and healthy eating habits. He advised the intake of fruits at the right times of the day and advised the teachers to take care of their health by looking at their standing and movement full strenuous work taking classes and managing students and school activities.

Guru Purnima Celebration

A special assembly was organized



in the school on the importance of Guru in Indian civilisation. First, the school council members worshipped the symbol of Gurutva Charan Padukas. After this, Guru praise, Guru hymns, and poetry recitation by students made this assembly even more lively. The children did Guru-pranam and resolved to imbibe positive thoughts in their lives.

Sustainable Developmental Goals Assembly



"Forests are the lungs of planet earth" and a boon for human society. The awareness of this is necessary and realizing this responsibility, students of class IX presented a special assembly on the theme - Life on Land. Students prepared a beautiful dance performance depicting tribal tradition highlighting how Trees and Tribes coexist and are an integral part of each other.

Rainy day celebration



Rainy Day was celebrated by little toddlers to enable them to understand the season from all aspects. In their rainy dresses, they enjoyed lunch of rainy season food and learned the significance of such food for healthy living. Children experienced the joy and happiness that Rains bring to earth, through various activities.

Eco Friendly Ganpati



Students made eco-friendly Ganpati and enthroned the deity in school. Every morning a class took the turn to pray and seek blessings for everyone's success and peace in the world. Every evening the boarders with residential teachers did the Ganpati 'seva' and celebrated the togetherness with interesting games & presentations.

Parent Teacher Meeting



"Holistic development of a child depends upon the hard work and involvement of student, parent, and teacher. Vivekananda Vidya Vihar, and Maral Sarovar conducted the Parent Teachers Meeting for the Result Declaration of Term I Examination- 2022-23. Parents met the concerned educators to get clarity on the performance of their wards. A special parent engagement initiative staging, Diya making, Garba dance and Piano Music were also a part of the event.

Parent Engagement Programme

Adapting a new curriculum in education is not only a positive change in enhancing the teaching-learning process but it is also a great experience for teachers, parents, and ultimately for children



to about advanced content and explore avenues of the children's personalities further. Chrysalis curriculum adopted at VVV Maral is one such type of curriculum that is concerned about child thinking progress and Metacognition. The parent engagement programme cum PTM on 10th Oct. for class I and II based on this curriculum were organized. Through this programme parents experienced the pedagogy of think room transformation in kids and were made aware of their role as a parent.

Inter School Devotional Dance Competition of 3 Districts



VVV Maral organised the Interschool Devotional Dance Competition under the banner of CBSE Narmada Sahodaya Schools Cluster Khargone.

The splendid performance put up by participating schools created a real 'bhakti' atmosphere on stage. The winning school Shri Kanwartara Public School performed an enchanting Shiv Stuti dance followed by Runner-up Himalayan International School enthralling the gathering with their Gangaur mata bhakti dance. The finesse in dance, the creativity in choreography, the exciting prop usage, and the perfected dance forms took the competition to a higher level.

Painting Competition



State Level Painting Competition on Energy Conservation organised by the Government of India's Initiatives NHDC and Energy Efficiency. Jaivika Kushwaha and Yatharth Kushwaha, students of Vivekanand Vidya Vihar, who were participants in the event, were honoured by State's Excellency Mangubhai Patel by giving them a certificate, LED bulb, and Rs.2000 in cash.

Annual Function



Annual Function: "Vivekotsav" - "Aavhan Prakrti ka" was held in Vivekananda Vidya Vihar Maral Sarovar. A commendable effort to highlight the importance of nature, the need to preserve it, and the application of SDGs (Sustainable Developmental Goals) in our lives, was beautifully portrayed by brilliant students, bringing awareness among the attending audience and viewers online. It was a celebration of true learning and true sustainable progress, vividly exploring and understanding the SDG's as the need of the hour.

National and State Level Netball Championship

Students of Vivekananda Vidya Vihar hoisted the flag in netball. Along with education, the trend in sports is also increasing. The



students of the school have been showcasing their talents in various competitions ranging from inter-school to national level competitions.

Students of the school Nihal Singh, Piyush Dhanare, Atharv Patel, Mansi Verma, and Shubhashree Bhoi represented the state team in the 28th Sub-Junior National Netball Championship being held in Haryana.

Success doesn't stop here – In the 35th Junior National Netball Championship at Howrah West Bengal in which Abhay Singh Suryavanshi, Vedansh Malik, Mahinoor Khan, Riya Mukati, and Akshara Tavar from school, represented the Madhya Pradesh team.

Students of Vivekanand Vidya Vihar also participated in the 1st Sub-Junior State Level Netball Championship Boys/Girls 2022 to represent Khargone District where the girls' team secured 3rd position.

Science Quiz Competition



Under the banner of Narmada Sahodaya Schools Cluster Khargone Science quiz competition was held In Senior (class 9th to 12th) category Runner up position was secured by Vivekanand Vidya Vihar Maral Sarovar participants.

VKV Rishabhdev

Award Ceremony for Board Toppers-2022



An Award ceremony for grades 10th and 12th achievers was organised on the 4th of August, 2022. Mr. Anil Batra (Secretary, Ramarpan Educational Society) felicitated students with Mementos and certificates. School toppers for the session 2021-22 were Ms. Kriti Sevak of Grade 10 with 98.2%, and Ms. Shikha Jain of Grade 12 Commerce with 94% marks.

75th Independence Day Celebration



In keeping with our tradition, we at VKV Rishabhdev celebrated Independence Day with pomp and splendour. The sense of pride for the nation was clearly visible on everybody's faces, the ambiance overwhelming with the feeling of liberty & freedom. During the program, the students presented stunning patriotic songs and dances.

ART EXHIBITION

Our little creative artists of VKV, Rishabhdev proved in the ART EXHIBITION at Suchana Kendra,



Udaipur that " Art evokes the mystery without which the world would not exist"

21 students from VKV Rishabhdev displayed their Creative Art Work and more than 1000 students from different schools of Udaipur visited and appreciated their work.

Storytelling Festival



Udaipur Tales organized a storytelling competition for children of different age groups 75 students from across 15 Schools in Udaipur participated in the competition. Students of VKV Rishabhdev participated in UDAIPUR TALES (an international storytelling festival).

Lekhni Jain of Grade 6, Vandana Choubey of Grade 7, and Yashika Jain of Grade 2 were selected to perform at this international festival.

ADVENTURE TRIP TO NAINITAL

An exceptional ADVENTURE CAMP organised at Van Niwas, Nainital in association with Sri Aurobindo Ashram, Delhi Branch. 40 students and 5 teachers participated in this camp under the guidance of Mr Vivek Jhunjhunwala. Students learned Time Management, Self-Discipline and participated in different activities like Boldering, Rock Climbing, Trekking, Meditation, Rappelling, River Crossing, Campfire, etc.



National Level Selection



Archery: Devendra Choudhary & Varshika Choudhary participated at CBSE Zonal Level Archery Championship and were selected for National Level Archery Championship.

Chess: A under-19 team of Chess consisting of Sarthak Panchal, Sourabh Parmar, Dhruvin Jain, Yaksh Malasiya participated at the CBSE Zonal Level Chess Championship and bagged Gold Medal and were selected for National Level Chess Championship to be held at Chandigarh (Punjab) in January 2023.

Graphite

Experiential learning: Science -Telescope Making Workshop



In order to provide hands on experience in telescope making students of Class 9th participated in workshop organized by Regional Science centre, Bhopal. It was altogether a new experience entirely for the students and they all were motivated towards astronomy and space. Certificates were also distributed to students post completion of the workshop.

Mathematics: Model Making Workshop

Students of class IX and X attended the workshop organized by Regional science centre and learned to make

model to find approximate value of PI and of Number theory. Vision of attending the workshop was to make students aware that mathematics is very interesting subject and encourage them to study math. Certificates were also distributed to students post completion of the workshop.



NCC Shooting Practice

Total 35 Students participated in shooting practice at firing range in Hamida College, and 24 students appeared for "A" certification exam.

Annual Prize Distribution And Cultural Bonanza



On the occasion of 74th Republic day Graphite Higher Secondary School celebrated its Annual Prize Distribution and Cultural Bonanza on the theme of Atulya Sanskriti. Students performed dance on the theme of 'Ek Bharat Shrestha Bharat' and showed their invigorating talents. Further students got certificates, medals and trophy for their performance throughout the year.

JOY OF GIVING

Giving makes us grateful and the secret to life-long happiness is to give. To inculcate the meaning of giving among students, Graphite



Higher Secondary school donated winter wears, clothing, toys, footwear, books etc to the needy people of Rahul Nagar slum area. The happy faces of the needy people completed the mission of spreading smile on the faces of others of the Joy of giving drive.



SCIENCE WORKSHOP - SPACE AND BEYOND



As part of our continued efforts to get young minds interested in Space Science, a workshop called 'Space and beyond' was organized. This workshop was conducted by Aryabhatta Foundation at Gurukul Auditorium. The resource person from foundation gave valuable and informative knowledge about space technology and astronomy. Science

stream students from classes 9th to 12th attended the workshop to gain practical knowledge about astronomy and enriched their understanding.

DEBATE COMPETITION



The inter house debate competition in the school assembly was held for classes IX, X and XI. The students of class VI to XII were the enthusiastic audience to witness this exciting event. The topic for the day was 'Increasing Population and Depleting Resources' for senior section (class IX to XII) and Population is wealth of the Nation for junior section (Class VI to VIII). The teams were well prepared and undoubtedly convinced the audience of their beliefs and views.

SANSKRIT WEEK

Theme- Jayatu Sanskrit Jayatu Bharatam

Graphite Higher Secondary School celebrated Sanskrit Week The stage was anchored by Soumya Thakur and Tanishq Chauhan. Several cultural programs were presented during the ceremony. It started with Saraswati Vandana invocation in Sanskrit. Splendor performances of dance and song were given by the students in the function. Geeta Shloka Pratiyogita was organized as well.



Kharigram

Chartered Accountant Day



On 1st July 2022, Chartered Accountant day was celebrated at Kharigram. In presence of Shri Manoj Sharma, CHRO, and Shri Avinash Bhargava, CFO. During this program, Shri B M Sharma, JMD, Shri Prakash Maheshwari, CE- Corporate Affairs and Power, and other units' CA professionals were connected virtually. Shri Avinash Bhargava greeted and welcomed all. The programme ended with high tea.

Maral Sarovar

Bhoomi Puja



"Bhoomi Puja" of a new unit of Melange yarn and Fibre Dyeing was held at Maral Overseas Ltd, Maral Sarovar on 1st September 2022 from the hands of CMD Shri Shekhar Agarwal. On this occasion many officers, staff members, and associates were present. It is expected that the erection and commissioning of this plant will be completed by May/June 2023.

Maral Sarovar

Akhand Ramayan Path

Akhand Ramayan Path was conducted at Shri Ram Mandir,



Maral Sarovar. Many devotees attended Akhand Ramayan Path. Later Prasad was distributed to the devotees.

Rishabhdev

Mills Foundation Day



RSWM Rishabhdev Unit celebrated its 34th Foundation Day by hoisting the Group flag at 7.30 AM in front of the administrative block. The COO while addressing the gathering, congratulated the employees for their contribution towards the growth of the industry and to carry on the same spirit for further growth and prosperity. Staff members who completed ten and twenty years of service were felicitated on this occasion with certificates and mementoes. Special Puja Archana was also held in the Ganeshji temple and sweets were distributed. Sunderkand Path was also held in the Staff club hall.

Ringas

Hariyali Teej celebration at RPSF Staff club

Hariyali Teej festival was celebrated in RPSF Staff Club. Families



including women and children participated in this event with great exultation. The event was organized by Ladies Club President Smt. Jaya Yogi.

LNJ Denim

Kavad Yatra Programme



Kavad Yatra is an auspicious pilgrimage observed by Lord Shiva's devotees. LNJ Denim, Knit, TPP & BMD plant participated in it with high enthusiasm. Refreshments for devotees were arranged.

HEG

International Clean Air Day



The third international day of clean air was held and our VP (Project) with team members planted saplings to create awareness amongst people about clean air. Multiple saplings were planted on the HEG campus.

LNJ Denim, Knit & TPP club

Food Mania Festival

During Navratri Celebrations, Food Mania Festival Program was organized by LNJ Denim, Knit & TPP club at LNJ Nagar Colony, Mordi. In



food mania, staff & their family members participated with full gestures and presented delicious & varieties of Food i.e. Samosa, Fruit chat, Mitha Pan, Pani Puri, etc. Our staff enjoyed by having different variety of delicious items. Groups which participated in the event had given a unique name to their stalls, Like HUM 5, Food Planet, Shivay, Sakhi, Devi Kripa etc. which was also the centre of attraction for the people.

Malana Day at MPCL



21th Anniversary of Malana Power Company Limited was celebrated with great zeal. Five days sports event was organised, in which employees of MPCL, their family members and children participated. A "DHAM" (Lunch)

was organized for the employees & their families.

ADHPL

Sports Meet Organized



The annual sports meet was organized at ADHPL (Volleyball and Badminton championship) after a gap of two years. Both the events went off well between Departmental Teams from ADHPL. The winners were felicitated with trophies. A cultural program was also organized on the closing day of the sports meet.

International Kullu Dussehra

ADHPL is supporting the mission to build an inclusive world for people with disabilities. In order to sensitize people towards the need for specially able children and their acceptance in society, a dummy character by name of "Samphu" (based on the famous cartoon Doraemon) was walked during the Kullu festival fair on the Manali



mall road. Pamphlets were also distributed. This caught the attention of the local public and gave a lot of information and awareness to the local community on the cause supported by ADHPL.

BSL

Cotton Spinning Inauguration Puja Ceremony



New Cotton Spinning (Spindles-29184) inauguration Puja was performed by Managing Director and his wife with complete rituals. Senior officials, HODs, staff and workers from various sections/divisions also attended this inauguration program.

Ganesh Chaturthi

Ganapati Baba was duly worshipped in Rishabhdev, RSWM Ringas, RSWM Kharigram.

Staff with their families participated in Hawan. In RPSF staff club Ganesh Sthapana followed with puja was conducted by the Lady's Club. In Ringas, ADM Block, the ritual was performed with gaiety and fervour by the staff members, workers and union office. The event was concluded with prasad vitran which was enjoyed by all devotees present during the celebration.



Rishabhdev



Ringas



Ringas



Kharigram

Independence Day

Nation's 76th Independence Day was celebrated in all our branches – Maral Overseas, Rishabhdev, RPSF (Ringas), LNJ Denim and Knits, HEG, Ringas, MPCL, Kharigram, ADHPL. In Maral the program started with hoisting of National Flag, followed by March past by the security guards. Bright children who excelled in the Board/University exams of the staff were honoured



LNJ Denim



HEG



MPCL

with cash award and certificates. In Rishabhdev employees who completed 10 years of service with the Unit were felicitated with Certificates. Awards/prizes in the form of school bags, books, and bottles were given to wards of workers who stood first in their classes. A procession - Tiranga Yatra started from VKV school to the mill's main gate in which staff of VKV and RSWM participated. Independence Day was celebrated in RPSF Plant with patriotic spirit and conducting various cultural programs.

LNJ Denim & Knits the celebration started with Flag Hosting Ceremony followed by the "Guard of Honour" by a group of Security Staff. Children's Talent award was given to Denim Employees' Children who had scored 60% above marks. Employees of HEG celebrated the joy of freedom and participated in the Amrit Mahotsav. Ringas, MPCL and ADHPL too celebrated with patriotic fervour. The event concluded with the distribution of sweets to all staff, workers & Union delegates.



Ringas



Maral Sarovar



Rishabhdev



ADHPL



Kharigram

Janmashtami

Sri Krishna Janmashtmi was celebrated at Rishabhdev, Ringas RPSF, RSWM Ringas, Kharigram. Colourful jhanki was prepared and Bhajan Kirtan was organised by Rishabhdev staff families which lasted till midnight. Children came dressed up as Radha Krishna. A devotional concert was organised at RSWM premises. RSWM Kharigram, the Abhishek of Bal Gopal and puja was performed, followed by Dahi-Handi competition. The programme ended with Arti and distribution of Prasad.



Rishabhdev



RSWM Ringas



Ringas



Kharigram

Vishwakarma Jayanti / Puja Celebrations



Rishabhdev



ADHPL



ADHPL

On Vishwakarma Jayanti, Puja was organized at Engineering Workshop, Maral Sarovar. The festival was also celebrated at RPSF Fibre (Ringas), RSWM Ltd - Ringas. MPCL, RSWM Mandapam Unit, Kharigram, ADHPL. In LNJ Denim employees of denim prayed for the smooth functioning of the plant & various machines. Staff members came together to be a part of the Puja. Respective tools were also worshipped in Vishwakarma's name and blessings were sought for a better future, a safe working environment, and success in their respective fields. After the puja and hawan, prasada was distributed to all the staff and workers who attended the puja.



Ringas



Maral Sarovar



MPCL



Ringas



LNJ Denim



Mandapam



Kharigram

Good Read

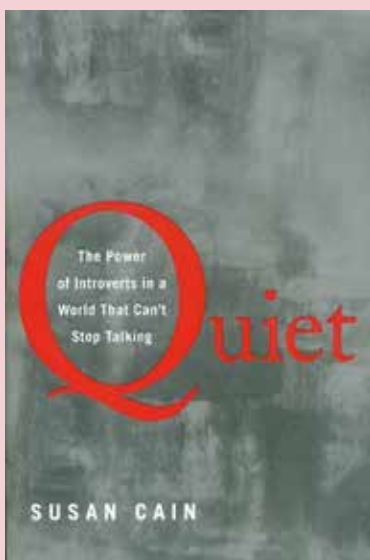
Quiet

Quiet: The Power of Introverts in a World That Can't Stop Talking

Susan Cain

The book that started the Quiet Revolution. At least one-third of the people we know are introverts. They are the ones who prefer listening to speaking; who innovate and create but dislike self-promotion; who favour working on their own over working in teams.

In Quiet, Susan Cain argues that we dramatically undervalue introverts and shows how much we lose in doing so. She charts the rise of the Extrovert Ideal throughout the twentieth century and explores how deeply it has come to permeate our culture. She also introduces us to successful introverts—from a witty, high-octane public speaker who recharges in solitude after his talks, to a record-breaking salesman who quietly taps into the power of questions. Passionately argued, superbly researched, and filled with indelible stories of real people, Quiet has the power to permanently change how we see introverts and, equally important, how they see themselves



Navratri

In RSWM Staff Club, Rishabhdev, fervour and joy starting with Navratri in the daily Aarti at Maa Durga Garba dance for all the days. Prizes best dance and best dress. On the day of Dussehra, food stalls with a variety of dishes, games stalls, selfie points, a Lucky draw and Ravan Dahan were the attraction. At Ringas (RPSF Fiber) rangoli demonstrations, religious cultural programs were performed including solo and couple dandiya raas programs.



Rishabhdev

Navratri was celebrated with much Sthapna. Staff with family participated Mandir and enjoyed the colourful were given to the participants for the best dance and best dress. On the day of Dussehra, food stalls with a variety of dishes, games stalls, selfie points, a Lucky draw and Ravan Dahan were the attraction. At Ringas (RPSF Fiber) rangoli demonstrations, religious cultural programs were performed including solo and couple dandiya raas programs.



Ringas



Kharigram



Ringas

Competition program was organised at LNJ Denim, Knit and TPP club. Staff and their family members participated with full gestures and gave their best. The main attraction was drawing and painting competition which were made by children. Mehndi was a part of this event. Every participant tried to draw the best mehndi on their partner's hand to win the best award trophy. Prizes were given to the winners. In Ringa Unit, throughout the nine days apart from employees, outsiders were also seen for the rituals. RSWM Kharigram started with Murti & Ghat Sthpana. Senior officers with their families were a part of this celebration. Ladies and kids performed dandiya which was followed by arti, milk and prasad distribution.



LNJ Denim

Deepawali Celebrations

On the eve of Deepawali Laxmi Pujan was performed in Ringas RPSF Fiber, HEG, LNJ Denim, Ringas, Maral Sarovar, Kharigram. At Rishabhdev. Annakoot Prasad was distributed at Ganeshji Mandir in the morning. Deepawali Sneh milan was held on at the staff club ground which was



Rishabhdev



HEG



Ringas



Kharigram



Ringas



LNJ Denim

fully decorated with lights. Dignitaries from Rishabhdev town were also invited. Staff and family members attended and enjoyed these programmes. Gifts were distributed among the employees from HEG. In LNJ Denim staff members attended the pujan and havan ceremony followed by distribution of sweets and bursting of fire crackers. In Ringas and Kharigram, to add the festive mood, the office was decked up with bright and colourful Lanterns, Diyas and Rangoli. Sweets were distributed to all on this occasion. Celebration of togetherness was organised at Maral Sarovar. Staff members and families assembled at children's park and exchanged greetings. The program ended with group dinner, singing on karaoke tracks and musical tambola. Apart from staff members and families, the Staff Club Kharigram invited local dignitaries and Government Officers for dinner.



Maral

Annual Day Celebrations

RSWM Rishabhdev celebrated its Annual Day on 31st December 2022 in a joyous and cheerful manner.



Rishabhdev

The delicious dinner and the variety of programmes like group dance of ladies and children, play by children and gents and many other programmes presented by the family members of the unit made the eve marvellous. COO conveyed New Year wishes to all present. The programme ended with prize distribution to the meritorious students.

The Govt. Sen. Sec. School Goshal – Bahang celebrated the annual day DGM-Civil attended the function on behalf AD Hydro Power Ltd. as chief

guest. During the function various social and cultural activities were presented by the children and prizes were distributed among the brilliant students

Sr. Mgr. (EHS&S) attended the annual day function of Govt. Senior Secondary School Bran (Manali) as chief guest on behalf AD Hydro Power Ltd. The function started with the National anthem followed



ADHPL

by Maa Saraswati Vandana. The school children presented cultural programs of different states. Prizes were distributed among the brilliant and successful children.

The 12th Anniversary of ADHPL was celebrated with great zeal. On this occasion puja was performed at Powerhouse and a Havan was



ADHPL

performed at the switchyard. The Prasad was distributed amongst the participants present on the occasion. Local traditional Dham was served to the employees and their families.



ADHPL

The Govt. Senior Secondary School Goshal – Bahang celebrated the annual day. DGM-Civil attended the function on behalf of AD Hydro Power Ltd. During the function various social and cultural activities were presented by the children and prizes were distributed among the brilliant students.

New Year Celebrations

New Year 2023 celebration in Ringas was thoroughly enjoyed with great zeal and fun Starting with the delicious range of foods, the gala celebration involving Cultural Event began with Deep Prajwalan. Special performances, Skits & Funny Dances, etc were performed by Staff, families & Kids.

Maral Parivar at Maral Sarovar welcomed New Year 2023 with full of joy and fervor. Midnight vibrant cultural event was organized in which various dances performed by employees and their family members.

Starting with the delicious range of foods in Kharigram, the gala celebration involving Cultural Event began with Deep Prajwalan. Special performances, Skits &



Kharigram

Funny Dances were performed by staff families & Kids and orchestra songs by singers. LNJ Denim, Knits Division & TPP unit collectively organized a grand celebration. The celebration began with the group dinner hosted by Staff Club. Inspirational message on the topic of “Unlock 2023” were given to the staff. Variety of cultural events like group dance, Mimicry, Solo Song were presented by staff & their families. The students who have scored more than 75% marks in 10th, 12th & graduation were awarded.



Ringas



LNJ Denim



Maral Sarovar

HEG

Global Vikas Trust



Continuation of Global Vikas Trust's comprehensive interventions – water, soil, cropping patterns, and farming practices. Global Vikas Trust engaged 1858 farmers in 12 districts of Madhya Pradesh and 58.35 lakh fruit trees were planted.

There have been more than 285 training sessions conducted with support from HEG Ltd

Overall GVT is working with 15,066 farmers in 23 districts of Madhya Pradesh and Maharashtra and 155.95 lakh fruit trees were planted. In the coming months, the goal is to reach 350 lakh fruit tree plantations cumulatively.

The Akshaya Patra Foundation

Striving to end the hunger of underprivileged children and facilitate their education, The Akshaya Patra Foundation, a not-for-profit, Bangalore-based trust evolved a free



lunch program in schools in the year 2000. The organization currently delivers mid-day meals to 20 lakh children in 22,367 government/ government-aided schools and Anganwadis in 65 locations, across



16 states and Union Territories in India, Bhopal kitchen is 66th and will be serving more than 40,000 meals per school day. The organization today operates the world's largest NGO-run school meal program in the world and has served more than 350 crore cumulative meals till date.

HEG Supported Community Feeding Program

HEG is distributing cooked meals prepared at Akshaya Patra Kitchen under a community feeding program to ensure food and nutrition security for low-income families especially children. To date, TAPF distributed 6,69,716 meals across 20 centres in 15 locations across Bhopal city with our support. From July 2021 to December 2021 TAPF distributed 2,96,000 meals.

WASH (Hand Washing & Personal Hygiene Awareness) Campaign in Community Feeding Sites

The Akshaya Patra Foundation organized WASH awareness campaign in 15 locations across Bhopal city from 13th July to 6th August 2022. These programs were organized on hand wash and personal hygiene.

Apna Ghar Ashram, Bhopal

An ashram for the homeless, set up by HEG in Bhopal has received a warm response and the ashram is now running with an enhanced capacity of 120 Prabhu Ji, which was earlier to house 50 Prabhu Ji. We had Rescued 329 Prabhu Ji till now and Rehabilitated 74 of them. Between July-December 2022, we rescued 87 Prabhu Ji and rehabilitated 13 Prabhu Ji have



rejoined their family and loved ones from the ashram. This organization is running 55 such Ashrams in 54 different cities across India and one Ashram in Kathmandu, Nepal.

Apna Ghar Ashram Bhopal is continuing the mission to give homage, hope, and happiness to the homeless, destitute, oppressed, helpless, abandoned, mentally and physically sick, injured, infected, old aged, and dying condition persons.

Reunion of Sanjeev Prabhuji after 6 years with the family:

On 14th November 2022, a missing person was united with his family by Apna Ghar Ashram, Bhopal. According to Sanjeev Agrawal's family, he was missing for 6 years and the family searched for him everywhere but were unable to find him. Sanjeev was rescued on 27th October 2022, he was mentally sick and was unable to share any information about himself, even though he did not remember his name, the Ashram staff named him Dilip Prabhu Ji. After treatment and counselling, he was able to share about himself and his family members, he shared the contact number of his sister and thus Ashram was able to locate his family. His sister Mrs. Sunita Gupta along with her husband came to Ashram and Sanjeev was reunited with the family.

RSWM Rishabhdev

Sweater distribution by Ladies Club

Ladies Club of RSWM Rishabhdev



is doing charity functions as part of its yearly activity. On November, 22, the ladies club team under the leadership of Smt. Usha Khator visited Swami Vivekanand Netraheen Ucch Madhyamic Vishesh Vidyalaya, Dungarpur, and distributed sweaters to sixty-five students. Food items were also served to them. Smt. Pushpa Manilal, Smt. Vijaya Sodani, Smt. Sunita Ladha and Smt. Krishna Kanwar from the Ladies Club participated in the programme.

MPCL

Women Sewing Training Centre



MPCL has started the six months of sewing training (cutting & tailoring) under CSR for women of the project affected village since March 2017. At present women sewing training centre running in upper Chowki village. Approximately 20 women are being trained in this training centre.

Plantation Drive

The plantation drive was done by Malana Power Co. Limited on



31st December, 2022, at Saroya village under Garsa Panchayat of district Kullu, HP. 1000 plants of Cedrus deodara were planted there with the help of villagers, Jamdagni Mahila Mandal, Village-Siyah along with panchayat members. Tea & snacks were also served to all after the program. The plantation is very important for the conservation and restoration of the ecosystem. This would be a memorable gift for the future generation.

Awareness Program on Drug Addiction and Drawing Competition



MPCL organized awareness programs with the help of the Human Welfare Society Kullu on Drug Addiction and Drawing Competition at Govt. Middle School Kasol on 19th November, 2022. Centre Head Teacher and Director Human Welfare Society addressed the students about the consequences of Drug Addiction and how to protect themselves from drugs. A drawing competition was also conducted on the same day participated by students, followed by books/ stationary distribution.

Free Medical Health Checkup Camp



A free medical general health check-up camp was conducted by Malana Power Company Limited at Kasladhi School under Pini

Panchayat of Kullu, HP. A team of doctors was invited from Sri Harihar Hospital Dhalpur, Kullu for this camp. A total of 237 registrations including children was recorded during the camp. Medicines prescribed by the doctors during the camp were also provided by the MPCL on free of cost basis.

ADHPL

Sanitary Pad Incinerator Machine Donated



ADHPL has taken an initiative to support Prime Minister Swatchta Abhiyan under its CSR banner. The Company donated three sanitary pad incinerators to Jawahar Navodaya Vidyalaya (JNV), Bandrol - Kullu (HP). The machines were installed and commissioned on 28th November, 2022, in the presence of the Principal JNV Bandrol and the ADHPL Team. The Principal JNV Bandrol, staff members, and students appreciated the initiative and thanked ADHPL.

Sports Kits Distributed in Local Schools

ADHPL took initiative to boost sports activities at a school level in the



local area. Sports kits consisting of volleyballs, basketballs, badminton rackets, shuttle cocks, and nets were donated to 34 Nos. Govt. schools in Naggar block in the presence of Block Resource Centre Co-ordinator (BRCC) Mr. Sikander Thakur on 19th November 2022 and 22nd November 2022. Mr. Sikander Thakur, Principals, and School staff thanked ADHPL for this initiative.

Construction of footpath



ADHPL constructed a footpath for Jamdagni Mahila Mandal, a women's self-help group, at Village Chalet on Allain road, which is being used by them to go to their orchards and cater to their daily household needs.

Repair, Distempering & Painting of Aleo School Building

The ADHPL had constructed the building of Govt. Primary Aleo School in the year 2008 under the CSR activities. A request was



received from the headmaster for repairs to the school building. The school building was taken up for repair work under CSR activities during FYs 2021-22 and 2022-23 over two years period. This year the remaining of works such as distempering, painting, slogan writing, and other finishing works in the Aleo school building were carried out.

Construction of Boundary Wall at Jagatsukh School

ADHL constructed the boundary wall of Jagatsukh Senior Secondary School to prevent the entry of stray animals and wild animals into the school premises. The school management and Pradhan of Gram



Panchayat Jagatsukh were thankful to the ADHPL for taking up this work.

Construction of Kuhl (water channel) in Shuru village

ADHPL constructed Kuhl (water channel) for Village Shuru. The Kuhl serves as a supply line of



water to cater to different needs including irrigation of orchards, washing clothes, feeding livestock etc. for the village.

Planted 2600 saplings in August 2022

A plantation drive was organised with local women's self-help groups, State Forest Department and Pollution Control Board between 2nd - 20th August 2022.

Approximately 2600 saplings of deodar and other broad-leaved species were planted at Village Khanool, Bhanara, Jagatsukh, Shuru, and Hamta areas.



Supports Samphia Foundation - Aash Child Development Center



ADHPL sponsored Samphia Foundation- Aash Child Development Centre for organizing a Workshop in DAV school Mohal, Kullu for sensitizing the students to inclusive development of specially-abled children. During the program, the Samphia Foundation informed about the activities being done by the organization and thanked AD Hydro Power Ltd. for supporting the Samphia Foundation.

Atal Gyan Kedra



ADHPL in coordination with the district authorities has setup small "Atal Gyan Kendra" libraries at Gram Panchayat level, to give a boost to the education sector in the surrounding villages. 5 such Atal Gyan Kendra libraries have been set up in the nearby villages viz. Gram Panchayats Nasogi, Jagatsukh, Gahar and Prini in the current financial year. The Company donated 1544 books and 11 computers with printers for these

libraries in the presence of the BDO Naggar Ms. Oshin Sharma. The initiative was appreciated by the local community.

Computers and Printers donated



ADHPL donated Computers with printers to Govt. Senior Secondary School, Haripur and Govt. High School, Neuli-Kullu (HP) on 10th November, 2022. The equipment will boost the educational facilities in these schools. The Principals and the staff of both the schools thanked ADHPL for providing computers with all

accessories and printers for the use of children.

Sewing Center Reopened at Bhanara village



The sewing training centre for local women was reopened in village Bhanara of Jagatsukh Panchayat on 12th October 2022 under ADHPL CSR activities. This will empower women to earn a livelihood while being at home. The vocational training is being provided by a trained person (female tailor) and approximately 30 women attend training at the training centre.

Ringas

Medical camp for eye check-up



Under the CSR activities, a free eye check-up medical camp was organized in the RPSF plant for all staff & workers. Everyone enthusiastically participated in this camp and availed of this facility.

Eye check-up Camp for workmen

HR department had organized



an "Eye check-up Camp" on 18th July, 2022 at Ringas for Work force.

BLOOD DONATION CAMP



On the auspicious occasion of the Birth Day of Chairman Emeritus Syt. Babuji LNJ on

17th October 2022 a voluntary Blood Donation Camp was organized in association with Shri Munshi Ram Mittal Memorial Seva Samiti, Sikar.

Staff & Family Members and Workers of SPG & RCPF actively participated in this camp and donated 108 Units of Blood. Certificates were also given to participants by us as well as the Blood bank team.

RSWM

Eye checkup & Physiotherapy Camp

On 17th December 2022 RSWM Staff Club organized an Eye check-up camp in collaboration with Thakkar Healthcare & Research Centre for all the employees and their families.

Under this initiative, people joined these camps for their eye check-ups and physiotherapy and consulted with experts.



HEG

Ried Hammer 6 Inauguration (Project – 20K)



For the completion of the expansion of our plant to take the capacity from 80,000 tons to 100,000 tons, the first shop to be started is our baking shop with equipment from Reidhammer, Germany.

The inauguration was done by our Executive Director Shri Manish Gulati along with HODs and team members. This hall is laced up with advanced machinery and equipment so that production could be done efficiently and effectively.

Excellence Awards

The employees are a vital resource for any organization to operate and run the business. To encourage the employees on the event of “Amrit Mahotsav” by the government -



award was given to the outstanding employees. The employees were praised for their extraordinary performance and their loyalty and dedication towards the organization for smoother functioning. The theme for this event was linked with Independence Day to make it more special for all of us.

Quality Circle Award (QCFI)

A quality control circle is a group of workers who do the same or similar work, and who meet regularly to identify, analyse, and solve work-related problems. It consists of a



minimum of three and a maximum of twelve members in number.

QCFI conducted the competition for the best quality circle among the esteemed organizations. Team HEG secured the “Gold & Bronze” trophy amongst the topmost organizations.

Startup of Impregnation shop

As the deadlines are coming for the completion of project 20k, the efforts are being catalysed for the functioning of the plant. Moving ahead in the project 20k,



an oil-filling puja was organized in the new Impregnation shop. Our Executive Director Shri Manish Gulati commenced the puja and inaugurated the machine.

ICQCC Event 2022, Indonesia



An event for the conventional summit of different nations on the quality circle. This event is based on a theme which resembles the continuous improvement and opportunities for the development of the organizations.

For this year the theme was “Build Back Better through Quality Efforts”. A total of 157 teams participated in this event from various nations out of which the HEG team secured the SILVER medal and made everyone proud.

LNJ Denim

Silver Trophy in TEXPROCIL Export Award 2020-2021

The Cotton Textiles Export Promotion Council, or TEXPROCIL,



has been the international face of Indian cotton textiles. The Group received Silver Trophy in Denim Fabric Category (75-250 cr. turnover) from TEXPROCIL for their splendid export of INR 98.98 Cr for the FY 2020-2021.

Shri Suketu Shah, Business Head, and Shri Ashish Bhatnagar, Marketing Head, accepted the prestigious award from Hon'ble Textile Secretary Mr. Upendra Prasad Singh. This was a proud and thrilling moment for the entire LNJ Denim family.

MPCL

Chef de Mission of Indian contingent to Birmingham Commonwealth Games 2022

Shri Rajesh Bhandari, Advisor-Malana Power Company Limited was nominated as Chef de Mission of the Indian Contingent for the Birmingham 2022 Commonwealth Games. Shri Bhandari is also the Senior Vice President and Director-Coaching of the Boxing Federation

of India. LNJ Bhilwara Group congratulates Mr. Bhandari for this remarkable achievement.



RSWM Kharigram

VIP visit of ED of Bank of Maharashtra



Shri Ashish Kumar Pandey Executive Director and Shri Rajesh Malhotra Chief General Manager of Bank of Maharashtra visited at Kharigram plant on 20th July along with the Team and Shri Avinash Bhargava, CFO welcomed. They discussed about Company's business and new expansion plans of RSWM and expressed their willingness as business partners in RSWM Limited. He was very much impressed with the comments "Delighted to see the plant capacity of International Level and Cleanliness. Later the Executive Director Presented a Memento to Shri Avinash Bhargava, CFO for being an esteemed customer of the Bank of Maharashtra.

RSWM Rishabhdev

Best Employer Award - 2022

The Employer's Association Rajasthan, Jaipur has awarded



the "Special Jury Trophy - 2022" for Outstanding Contribution in Recruitment & Upliftment of Backward Class Workforce and Women Empowerment to RSWM Rishabhdev Unit. The Trophy was presented by the Hon'ble Governor Shri Kalraj Misra at Jaipur on the 58th Foundation Year Award Ceremony held on 24th December 2022, received by Shri Manoj Sharma ji, CHRO, Shri KB Khatod, COO, Shri Anil Dalawat, GM (Engg.) & Shri Gaurav Maheshwari, GM (QA).

RSWM Limited

CRO Leadership summit & Awards 2022



RSWM Limited has identified the risks and Process Owners for various risks involving – CFO, CHRO, CIO, Chief Executives, and Chief Operating Officers. Elevated cross-functional team members to the senior position who can understand and explain the kinds of risks to second-line Managers. Also, made a detailed Business Continuity plan (BCP) from a sustainability point of view of business model risk, conduct risk, reputation, customer protection, resilience, etc., and a definite plan for mitigating IT-related risks like digital risk and cyber risk.

A detailed risk identification common to Yarn, Denim, and Knit business has been done. Apart from the above, RSWM Limited is one of those companies that did pre-adoption of BRSR and took ESG initiatives towards an endeavour to keep the best Corporate Governance and connecting the dots Culture is there to create trust and conviction, towards sustainability by converting PET bottles into a man-made green fibre, converting old denim garments into denim fabric, and people are aligned towards internal /external risks.

Shri Avinash Bhargava, CFO has taken the said award in a programme in Mumbai.

BSL

IMS Audit



The SGS team conducted the audit from 26th Oct., 2022 to 29th Oct. 2022 of Integrated Management System with the objective to determine conformity of the management system and its ability to ensure applicable statutory, regulatory, and contractual requirements are met & effective to ensure that the client reasonably expects to achieve specified objectives and to identify as application areas for potential improvement.

The SGS Team thoroughly audited each department and its activities covered ISO 9001: 2015, ISO 14001:2015, and ISO45001-2018 along with necessary recommendations & provisions of Environment, Health & Safety Standard and recommended to BSL for the continuation of the IMS System.

Ringas

Superannuation of Shri Ram Gopal Dhakar



Shri Ram Gopal Dhakar, Finishing Supervisor, got superannuated on 31st August 2022. He served for eight years in the organization.

A felicitation program was organized at the HRD hall. Shri Ashok Kumar Sing Sengar - Sr. General Manager appreciated his contribution to this long association and contribution to RSWM Ltd. All the team members expressed best wishes for his good health and happiness in his post-retirement life ahead.

Superannuation of Shri B.M.Tailor



Shri Bal Mukund Tailor - Sr. Manager (PPC) Spinning - Ringas retired from the services of the company on 31st October 2022 on attaining his age of superannuation.

The organization will always remember him for his services and dedication to the work. The organization is thankful for the services rendered by him for the growth of the business. We wish him all the success and adieu with a heavy heart. Best wishes for post-retirement life from the RSWM family.

Kharigram

Superannuation of Shri S.M. Jain



After a long service period of 35 years with the organization, Shri S. M. Jain, Sr. Manager, Store & Purchase Department got superannuated on 31st August 2022.

A felicitation program in his honour was organised in presence of Shri Shukesh Sharma, BH, and Shri Naresh Kumar Bahedia, COO, who appreciated his contribution to setting culture and discipline among workers. All team members expressed best wishes for his good health and happiness in his post-retirement life ahead and bid adieu to him with a heavy heart.

RSWM Limited

Superannuation of Shri P.C. Kaushik



Shri P.C. Kaushik got superannuated on 30th September 2022. He served for many years in the organization.

A felicitation program was organized at the HRD hall. Shri Anurag Mathur - COO, Ashok Kumar Sing Sengar - Sr. General Manager (Technical), and Shri Rajeev Kumar Dixit - General Manager (H&IR) appreciated his long association and contribution to RSWM Ltd. All the team members expressed

best wishes for his good health and happiness in his post-retirement life ahead.

Superannuation of Shri Ashok Arora



After a period of 32 years with our organization, Shri Ashok Arora, Executive, P&IR Department got superannuated on 30th November 2022.

A felicitation program in his honour, was organised in presence of Shri Shukesh Sharma, BH, Shri Naresh Kumar Bahedia, COO, who appreciated his contribution in discipline among workers. During this long association and contribution for RSWM Ltd. All team members expressed best wishes for his good health and happiness in his post-retirement life ahead and bid adieu him with heavy heart.

RSWM Rishabhdev

Farewell



Shri Mahendra Singh Rana, Sr. Officer – Maintenance was superannuated on 31st August 2022 after serving the Unit for more than 8 years. He was given a warm farewell organized in the mill campus on 6th September 2022. Speakers on this programme appreciated his valuable services to the organization during his tenure. We wish Shri Mahendra Singh Rana a very happy, safe, and healthy retirement life.

Bhutan

"The Happiest Country in All of Asia"



The 'Land of the Thunder Dragon' – Bhutan nestles in the mountainous regions of the Eastern Himalayas and is one of the cleanest countries in the South Asian territory. A remote kingdom that still clings to its Buddhist culture but embraces modernisation, Bhutan is a land with monasteries, traditional architecture, beautiful valleys, snow-clad mountain views and lush greenery. Being landlocked, the country enjoys a significant tourist influx from its neighbours, Tibet and India. Bhutan have always attracted tourists from across the world. The country of rolling hills and charming culture always exudes the charm that cannot be missed. Delightful people, dense forest, gigantic mountains and exclusive cuisine, always give a delightful experience.

A flight to Paro will be surely the most part of your journey overlooking the enigmatic snowy mountain calling you to explore them. Bhutan is blessed with hilltop monasteries that brings out the peace which you desire to have during your visit. These monasteries are century old and are still strong in terms of construction and solace which is offered. Some of these monasteries are listed in the UNESCO Heritage List and introduces to the long-lasting religion. Bhutan is known for its colourful festivals that have

been celebrated since the time of kingdom. These festivals showcase the culture and present the story that is hidden beneath.

Masked people, colourful clothes and music are enough to keep you hooked and create interests. Then there are textiles and handicrafts that showcase the true art of the people here.

Bhutan is not only about festivals and monasteries, but also of thrilling mountain activities, river rafting and archery competitions which are the part of Bhutan travel.

Paro Tourism

Paro is a small town situated in the Paro Valley of Bhutan. It is home to 155 temples and monasteries dating back to the 14th century and Bhutan's sole international airport. The Paro Airport is the largest International Airport of Bhutan and is known to be the most challenging airport to land on.

Thimphu Tourism

Sprawled over a valley in western central Bhutan, the capital city of Thimphu is famous for its numerous Buddhist sites, mountainous Himalayan landscape, rich culture, and pious locales. In Thimphu, you



Some interesting facts:

The only Carbon Negative Country in the World.

- Isolated from the World Until The 1970s.
- No Traffic Lights in Bhutan.
- The King Abdicated the Throne for Democracy.
- Happiness prevails over GDP.
- Bhutan says NO to Plastic.
- No Smoking in public places.
- The highest unclimbed peak in the world.
- The national animal is a cow.
- It is illegal to kill anything.
- Love for love spice.
- It has never been conquered.
- The last country to introduce TV.
- Education and healthcare is free for all citizens.
- Refusing food, the first time is a custom.
- The national sport is archery.
- Low crime rates.
- It is mandatory to wear the national dress.
- Still Believe in the Existence of Yeti.
- Patriarchy? More Like Matriarchy
- Love Their King, A Lot.



can explore blue alpine forests and peaceful lakes up to Jili Dzong via Druk Path Trek, admire cave murals at the 800-year-old Changangkha Lhakhang Temple, and buy kukri knives and traditional garments at Weekend Handicrafts Market. Thimphu's 51-metre-tall gold-plated Buddha Dordenma statue is a masterpiece. Thimphu's other important attractions include Gangtey Monastery, National Bhutan Library, Royal Botanical Garden, Simtokha Dzong, and National Folk Heritage Museum.

Punakha Tourism

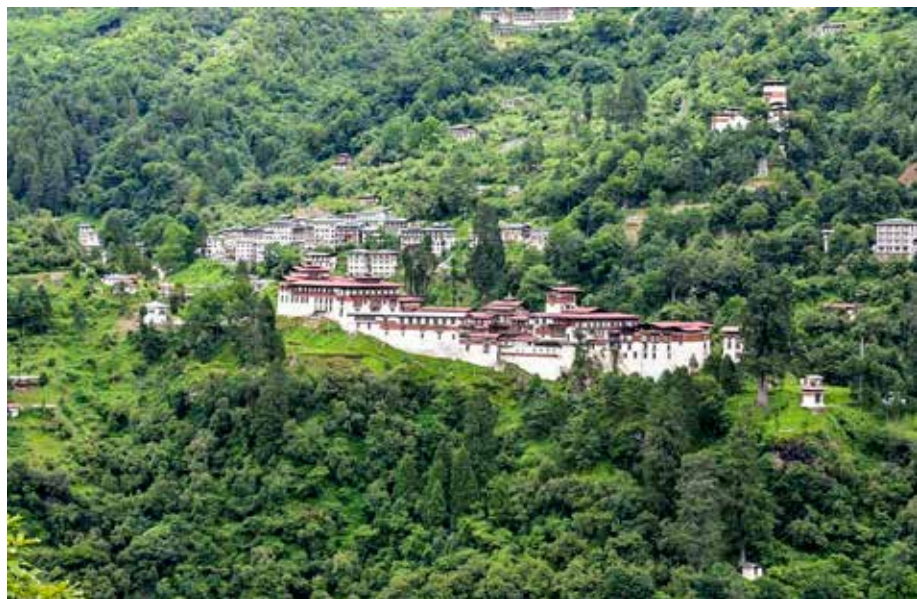
Home to plenty of slopes, the valley is an excellent place for mountain biking and trekking. Apart from this,



Bhutan's most popular adventure sport- river rafting is carried out in the Po Chhu River.

Trongsa Tourism

Trongsa is a hilltop town situated at the centre of Bhutan; hence known to be the heart of the Himalayan Kingdom. It's translated as "new village" in Dzongkha that has a backdrop of the black mountains



offering beautiful views of the surrounding valleys.

Jakar Tourism

Nestled at the foothills of Choekhor Valley, Jakar is the largest and the most beautiful valley in Bumthang. It is popularly known as "Little Switzerland". The name 'Jakar' means 'white bird' and is named after the foundation legend of the district Dzong. It offers several historical and sacred sites to visit and is the point of origin of Buddhism in Bhutan.

Phobjikha Valley (Gangtey) Tourism

Against the backdrop of western slopes of the Black Mountains



in Wangdue Phodrang, lies the bowl-shaped Phobjikha valley that offers breath-taking views of vast expanses of green fields. It is home to the endangered, black-necked crane that migrates to this area during winters.

It boasts being the winter home to black-necked cranes that fly from Tibet to escape the harsh winter and one of the most prominent conservative sites of Bhutan. Relatively untouched by outsiders, the use of electricity in the valley began only a few years ago. It's a paradise for bird watchers and trekkers, even better if you're a nature photography enthusiast.

How to reach Bhutan?

Bhutan can be reached by Air, and its National Air Carrier Druk Air and Bhutan Airlines operates regular flights from Delhi, Kolkata, Mumbai and other regions. IGIA (Delhi), Bagdogra International Airport (Darjeeling, West Bengal) and Netaji Subhas Chandra Bose International Airport (Kolkata) are major airports serving direct flights to Paro Airport. There are no direct flights from Bangalore, Hyderabad, Mumbai and Chennai.

For more details visit them:

<https://www.tourism.gov.bt/>